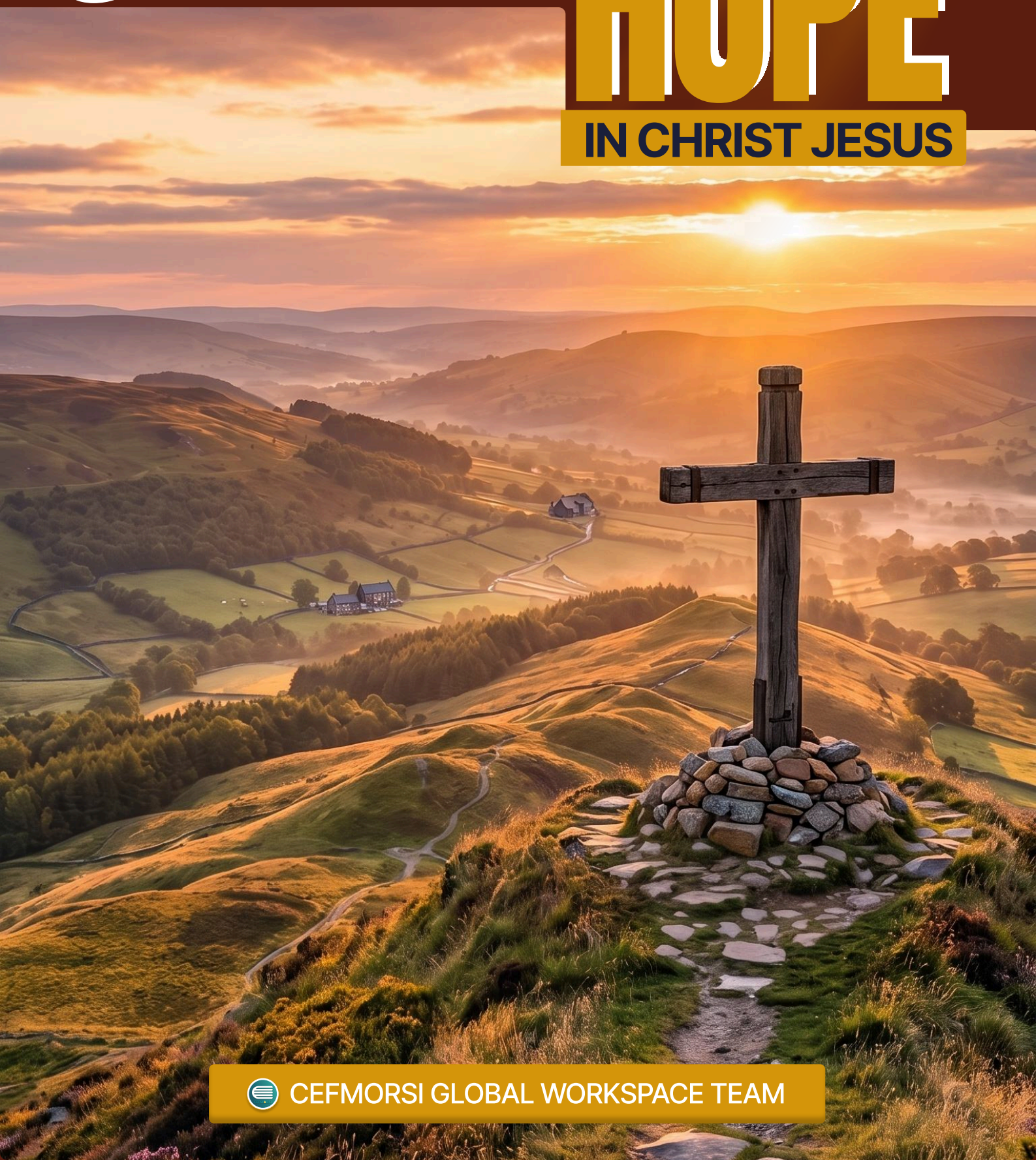
VOL. 7, JULY 2026

The Assured HOPE IN CHRIST JESUS

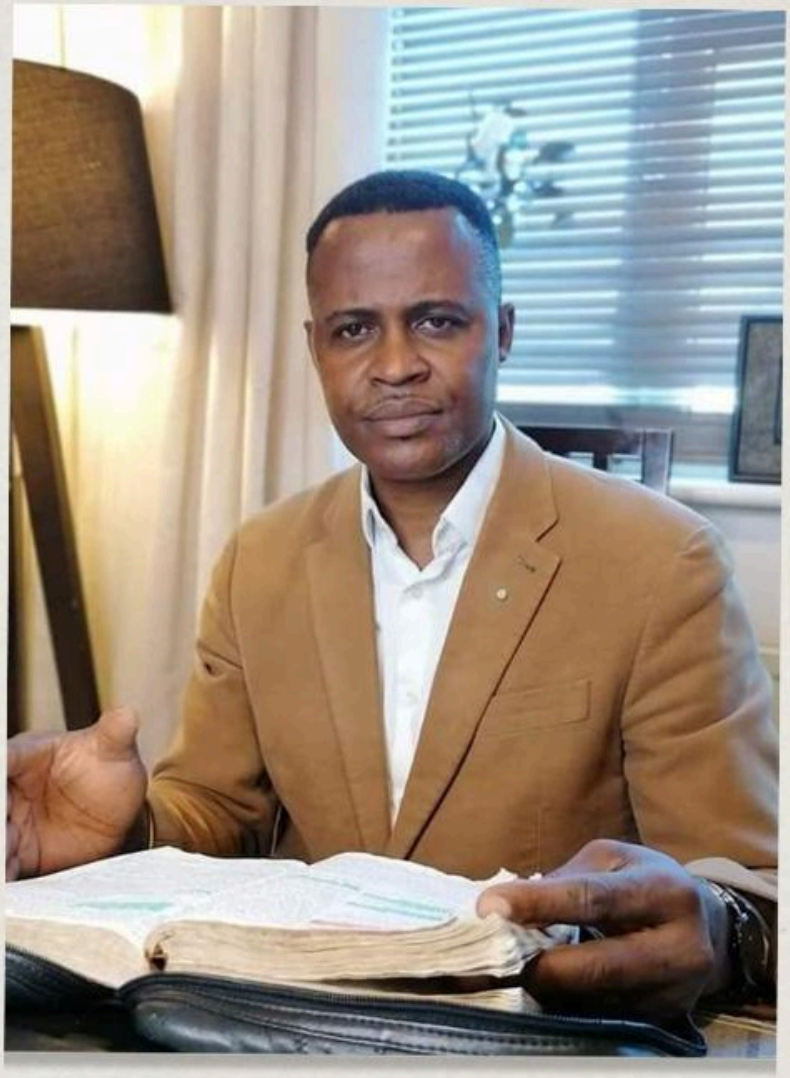


CEFMORSI GLOBAL WORKSPACE TEAM

TABLE OF CONTENTS

COVER PAGE	01
TABLE OF CONTENT	02
EDITOTIAL NOTE	03
OUR INFORMATION	07
ARTICLE 1	08
ARTICLE 2	12
ARTICLE 3	16
ARTICLE 4	22
BIBLE CHARACTER SPOTLIGHT	28
HEALTH & WELLNESS	31
HOPE DECLARATIONS	34
CIF MEDICAL OUTREACH	36

EDITORIAL NOTE



Shalom and Kingdom greetings, Beloved of God, in the gracious and graceful name of our dear Lord and Saviour Jesus Christ. In Christ Jesus, I am graciously spirited to heartily welcome you to the month of July, in this year of the Lord's grace.

WELCOME TO JULY - THE MONTH OF ASSURED HOPE



EDITORIAL NOTE

Welcome to July - The Month of Assured Hope

July is the seventh month of the year in the Julian and Gregorian calendars, and the fourth of the seven months that have thirty-one days. Seven, in count, signifies perfection - completeness, wholeness, maturity, fullness, fulfilment, fruitfulness, meaningfulness, and purposefulness - in the grace and blessedness of God, in Christ Jesus stead. Amen.
This July 2026 is entitled: **The "Assured Hope" in Christ Jesus!** This is about ensuring the graciousness and blessedness of hope in Christ Jesus stead, to the believers of God, in doing life and living godly in the grace.

There are three cardinal, enduring structures I have known for the new creation testament in Christ Jesus stead - **Faith, Hope, and Love** - as embedded in **1 Corinthians 13:13** and **1 Thessalonians 1:3-5.**

> "And now abide faith, hope, love, these three; but the greatest of these is love."
> - **1 Corinthians 13:13.**

"Remembering without ceasing your work of faith, labour of love, and patience of hope in our Lord Jesus Christ in the sight of our God and Father, knowing, beloved brethren, your election by God. For our gospel did not come to you in word only, but also in power, and in the Holy Spirit and in much assurance, as you know what kind of men we were among you for your sake." - **1 Thessalonians 1:3-5.**
These three thresholds - the condiments, ingredients, and hallmark that define your values as a new creation in Christ Jesus - enable you to fulfil purpose in the grace, effortlessly and without fear, in every context of doing life and living godly.

The Word of God reminds us that faith, hope and love remain. Hope gives endurance to faith and confidence to love. It steadies the heart when circumstances fluctuate and reminds us that God's purposes are never interrupted by earthly conditions.

In February and June 2026, I made an exhaustive study of Love and Faith respectively, now compiled into teaching magazines by the CEFMORSI Global Workspace team. You can find both in the **CEFMORSI App (version 2.0) on Android Play Store and Apple App Store**, along with the wider digital library beyond these magazines.



EDITORIAL NOTE

Welcome to July - The Month of Assured Hope

This July, I turn to the third and final hallmark: Hope. It is my earnest prayer that you would find your purpose in Hope as it is defined in Christ Jesus, for your edifying, rather than building hope on man, or on things that fade with time, limited in every way and measure. **Hope** that is built on scriptural truth keeps you steady, unlike hope built merely on positive thinking or optimism -- an open-ended expectation without foundation, incomparable to what the Scriptures provide us in the grace.

Welcome, then, to July 2026: the month of **Assured Hope in Christ Jesus** - that we might glory in Him, in graciousness and blessedness, as it is written:

> "To them God willed to make known what are the riches of the glory of this mystery among the Gentiles: which is Christ in you, the hope of glory."
> - **Colossians 1:27 (KJV)**

"For the grace of God has appeared that offers salvation to all people. It teaches us to say 'No' to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age, while we wait for the blessed hope - the appearing of the glory of our great God and Saviour, Jesus Christ, who gave himself for us to redeem us from all wickedness and to purify for himself a people that are his very own, eager to do what is good. These, then, are the things you should teach. Encourage and rebuke with all authority. Do not let anyone despise you." - **Titus 2:11-15 (NIV)**

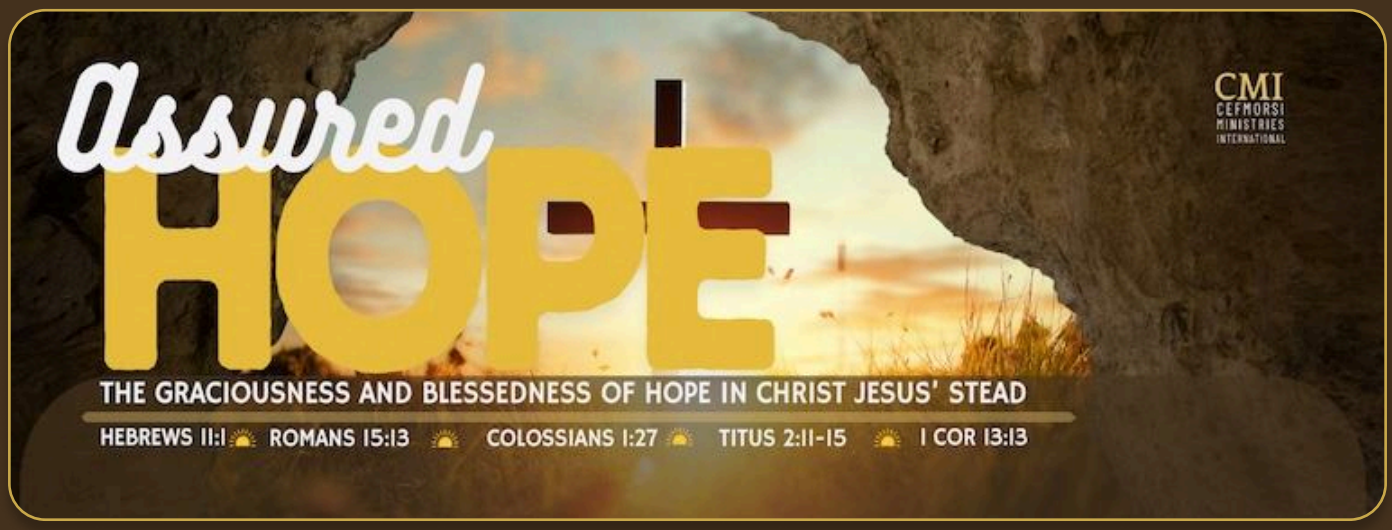
It is my earnest, heartfelt prayer that as you receive this July 2026 monthly teaching, all things would come under your foot and control, and you would be in charge of every circumstance pertaining to you, in doing life and living godly in the grace, in Christ Jesus stead. May you embrace hope from these scriptural points of reference, stirring yourself to hope in God in Christ Jesus - that you may do life and live godly effortlessly, without sweat or distress, abounding in the empowering of hope by the Holy Spirit, as it is written:

> "May the God of hope fill you with all joy and peace in believing, that by the power of the Holy Spirit you will abound in hope and overflow with confidence in His promises."
> **- Romans 15:13 (AMP)**



EDITORIAL NOTE

Welcome to July - The Month of Assured Hope



And I pray that this July, you would raise your head, lift your shoulders, and walk in the confidence of faith substantiated by hope - serving and worshipping our God in Christ Jesus by the power of the Holy Spirit of Hope. May this enable you, through the Word, to serve God acceptably and worship Him worthily, without distortion, adulteration, or counterfeit - without sentiment, prejudice, or dissimulation. And may you abound in the threshold of true service and worship: the patience of hope, the work of faith, and the labour of love - an assurance beyond words, beyond human comprehension.

May the graciousness and blessedness of our Father, the God of Hope, cause you to abound in hope and be hopeful in all your expectations - with the needed speed and assurance, in Christ Jesus stead. Amen.

ACHIEVER'S FAITH DIGEST

The ACHIEVERS' FAITH DIGEST (AFD) is the monthly teaching newsletter through which CEFMORSI MINISTRIES INTERNATIONAL by Rev. Chukie Morsi's teaching ministry reaches out to people like you.

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All Scripture Quotations, unless otherwise indicated are taken from the HOLY BIBLE, NEW KING JAMES VERSION (NKJV).



The Unified, Gracious Hallmark: Hope, Faith and Love

There is a need to make remarkable progress in the grace when believers in God, in Christ Jesus stead, are built up and are building on faith, hope and love. Consider these scriptures in respect of the unified essence that ensures the graciousness of hope in doing life and living godly in the grace.

> "And now abide faith, hope, love, these three; but the greatest of these is love."
> **- 1 Corinthians 13:13 (NKJV)**

"Therefore, being justified by faith, we have peace with God through our Lord Jesus Christ, by whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God. And not only so, but we glory in tribulations also, knowing that tribulation worketh patience; and patience, experience; and experience, hope: and hope maketh not ashamed, because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us." **- Romans 5:1-5**

"Remembering without ceasing your work of faith, labour of love, and patience of hope in our Lord Jesus Christ in the sight of our God and Father, knowing, beloved brethren, your election by God. For our gospel did not come to you in word only, but also in power, and in the Holy Spirit and in much assurance, as you know what kind of men we were among you for your sake." **- 1 Thessalonians 1:3-5 (NKJV)**

These scriptures - 1 Corinthians 13:13, Romans 5:1-5, and 1 Thessalonians 1:3-5 - illustrate three vital elements that give worth to life. These elements are spiritual, but they are equally practical and vital, enhancing the believer's lifestyle and lifting it to an exalted position.

The Three Vital Elements

- Hope - sets life's goals and takes shame away from us
- Faith - brings life's set goals to pass
- Love - lubricates, sustains and strengthens our hope and faith, making life worth living

These ingredients are vital if we are to enjoy a lively, thriving well-being as achievers. In this edition, we consider the vitality of these elements to ascertain the faith that works - seeing how vital they are, and how they work together in helping us become who we were born to be, and in achieving our set goals and aspirations in life.

The Vitality of Hope

> "Now faith is the assurance [substance, evidence] of things hoped for, the conviction of things not seen." - Hebrews 11:1

Hope is a vital component of faith. In other words, faith is secured and assured when it works in the company of hope. Hope is the element that sets life's goals, enabling faith to function effectively and efficiently. Hope is a desire based on the promise of God, whether personified or generalised. This promise communicates a possibility of God's blessing to the individual, family or nation, and encourages the soul. If this seed is planted into the soil of the heart, and the soil is kept right, it will bring forth a harvest of faith. Bible hope is faith in seed form.

However, every human being has hope planted within them. That is why each day we all rise with the hope that something good will come our way, or happen to us. Hope, though, can be of a natural or a spiritual kind. The difference is that the natural act of hope does not carry the eternal effect of spiritual hope, which is embedded in the reborn spirit of man.

"But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him; neither can he know them, because they are spiritually discerned. But he that is spiritual judgeth [examines] all things, yet he himself is judged [examined] of no man. For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ." - **1 Corinthians 2:14-16 (emphasis mine)**

Let us first define natural, everyday hope, and then consider how it differs from spiritual, scripturally based hope in the grace, in Christ Jesus stead.

Natural Hope

Hope, in the natural sense, is the state that promotes the desire for positive outcomes in one's life or in the world at large. It is the feeling that what is wanted can be had, or that events will turn out for the best - the act of looking forward to something with desire and reasonable confidence, or feeling that something desired may happen.

Other definitions include: to cherish a desire with anticipation; to desire with expectation of obtainment; or to expect with confidence. In the English language, the word can occur either as a noun or a verb, though the underlying concept remains similar in either use.

Hope, defined more formally, distinguishes between its use as a noun and as a verb:

As a noun: a desire for some good, accompanied by an expectation of obtaining it, or a belief that it is obtainable; an expectation of something thought desirable; confidence; pleasing expectancy. It may also refer to one who, or that which, gives hope or furnishes grounds for expectation - or to the very thing hoped for.

As a verb: to entertain or indulge hope; to cherish a desire for good, or for something welcome, with the expectation of obtaining it, or the belief that it is obtainable - usually followed by "for." It may also mean to place confidence, to trust with confident expectation of good, usually followed by "in."

By these definitions, the concept of hope is vital and paramount to human life. Natural hope may or may not have a strong foundation, and may exist only as a feeling or a mental attitude. Even so, it gives us reason to go on, based on the notion that our plans, purposes, and pursuits toward an exalted position can be achieved. Natural hope, however convincing it may seem, rests on instinct and reasoning - it is not an absolute guarantee. In this world, a good result is never guaranteed when it is not divinely imparted and directed.

The Spiritual (Biblical) Hope

Biblical hope resembles natural hope in that it, too, is a belief in the possible fulfilment of a desire. The difference lies in its foundation: biblical hope is not founded on earthly reasoning, but on the promises given to us in the Bible by God.

"For whatever was written in earlier times was written for our instruction, so that through perseverance and the encouragement of the Scriptures we might have hope."
- Romans 15:4

"Therefore remember that you, once Gentiles in the flesh - who are called Uncircumcision by what is called the Circumcision made in the flesh by hands - that at that time you were without Christ, being aliens from the commonwealth of Israel and strangers from the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once were far off have been brought near by the blood of Christ."
- Ephesians 2:11-13 (NKJV)

Assured hope has its foundation in a person - the person of God, in Christ Jesus stead. For those who do not know Jesus, hope remains a verb. But for believers in God, in Christ Jesus, hope is also a noun. This is an important distinction: hope is not simply something we do, with teeth gritted and fingers crossed. Hope - joyful expectation - is something we have and possess in the grace, in the person of Jesus.

"God [in His eternal plan] chose to make known to them how great for the Gentiles are the riches of the glory of this mystery, which is Christ in and among you, the hope and guarantee of [realising the] glory." - **Colossians 1:27 (Amplified)**



We possess hope because we know the God who is both the source of, and the reason for, our hope. True hope is not the equivalent of whistling past a graveyard, hoping everything will turn out well. True hope is dynamic and powerful, because it considers the circumstances of life realistically - and then confidently rests in the promises and character of God. Hope, like faith and love, looks different in different situations. **As 1 Corinthians 13:13 enjoins us: "But now faith, hope, love, abide these three; but the greatest of these is love." These three great pillars of joyful living are all critical - yet all three adapt appropriately to changing conditions.**



Hope Is Faith in Seed Form - Faith Is Hope in Final Form!

Both natural hope and Bible-based hope start with a desire, a longing, or a need. Add to this desire a reason for it to be expected, and you have hope. Bible-based hope is a desire that has a corresponding promise from God. In Bible hope, the promises of God contained within the written Scriptures form the foundation for this positive, future expectation. The desires remain our desires, but now they carry the added benefit of being a desire that is also an approved scriptural possibility. These desires are transformed into Bible-based hope by the realisation that they agree with the will, which is the Word of God. By this understanding, the vitality of hope lies in its transformation into an object of faith through the direct and personal communication of God to our hearts. This faith, in turn, transforms the desire into reality in our lives.

"So faith comes from hearing, and hearing by the word of Christ." **- Romans 10:17**

"Now faith is the substance (ownership, legal right) of things hoped for, the evidence of things not yet seen." **- Hebrews 11:1**

Faith Substantiated in Hope

The subject of faith is such a valuable, priceless, and legally vital tender to our blessedness in the grace, in Christ Jesus stead, in these ways, though not limited to them:

- Faith is the victory tool to our being overcomers - triumphant, victorious, and more than conquerors in this world **(1 John 5:4-5; cf. 1 Corinthians 15:57; Romans 8:37; 2 Corinthians 2:14-15; Colossians 2:15; Revelation 12:11).**
- Faith pleases God, and ensures God's reward, helping to keep our enemies and their cohorts at bay in the grace, when we please God **(Hebrews 11:6; cf. Proverbs 16:7).**

- Whatever is done scripturally without faith is mere religion, and is sinful - indicating that the righteous can only stand before God in righteousness by faith **(Romans 14:23; cf. Romans 5:1-2; Romans 10:1-10).**

- The act of living justly and righteously in Christ Jesus is only a legal and vital tender that draws heavenly attention to earthly good, when it is done by faith in the grace **(Habakkuk 2:4; cf. Galatians 3:1-11; Hebrews 10:38; Romans 1:16-17).**

- Jesus indicates that only faith in God's ability for the possible and the impossible enables one to level mountains into plains, fill valleys and exalt them, make crooked roads straight, and smooth rough places, in the grace **(Mark 11:20-24; Matthew 9:27-31; cf. Isaiah 40:3-5).**

The above offers a few descriptions, though not an exhaustive list, of faith's importance. Yet as legally and vitally as faith holds in our journey of serving and worshipping God — in doing life and living godly in the grace - we cannot substantiate our faith without hope. Hope is the pinnacle and fulcrum that substantiates, or gives substance to, our faith, in order to earn an effective, efficient, and productive result in the grace, in Christ Jesus stead. Amen.

What Does It Mean to Substantiate?

To substantiate means to provide evidence or facts that prove a claim, statement, or allegation to be true. It is the act of giving body, validity, or "substance" to an idea. That is what hope does to faith - it makes it effectual, results-oriented, and productive, so that the communication (sharing, fellowship) of faith becomes tangible, and our reality, in the grace, in Christ Jesus stead.

> "That the communication [sharing, fellowship] of your faith may become effectual by the acknowledgment of every good thing which is in you in Christ Jesus."
> **- Philemon 1:6**

To substantiate, in essence, is to verify, support, or corroborate an assertion - to confirm, validate, and authenticate. It is a highly formal term, frequently used in academic, legal, or professional settings when presenting data or witnesses.

Hope is to show something to be true, or to support a claim with evidence. That is to say, hope is the evidential proof of faith at work. Without hope, one cannot substantiate faith, because to substantiate is legally and vitally woven into our everyday doing of life, especially within our legal systems, as shown in these examples:

- We have evidence to substantiate the allegations against him.
- Reports that children had been hurt have not been substantiated.

Hope Amid a Broken World

It must be noted that we are living in a time of human history marked by confusion, disappointment, and crisis - emanating from wars and famines, sickness and disease, family breakdown, business uncertainty, moral decadence, child abuse, parenting difficulties, joblessness, entitlement, relational and marital mistrust, insecurity, juvenile delinquency, rape and kidnapping, modern-day slave trade, displacement by earthquake, war or famine, and poor governance, among other things.

Deep within this great predicament lies, in every human heart, a hope to get through each moment - a hope that an answer or solution will emerge to alleviate current challenges, for a better and best moment in life and grace. The human need for hope is indescribable and incomprehensible in many respects, because the predicament described above leads down a dangerous pathway, placing humanity in a vulnerable state that varies depending on which spectrum one finds oneself in, in the grace.

The conclusion is that, one way or another, people stand at high risk of vulnerability, which for many results in poverty, sickness, and physical death. I want you to know there is an answer, and that answer is to have hope in Christ Jesus stead - not a mere optimism without scriptural context. It is the only antidote and true position, in the grace, to experience the glory of God in life and godliness, even amid pain and disappointment. For those whom God has called to fellowship in Christ Jesus, He glorifies. And Christ Jesus in you, in the grace - not religion - is the hope of that glory amid the decay and deficiency of self-worth, human dignity, abuse, and failure in every act of doing life in humanity and living godly toward God in the faith. For Christ is the end of the law; meaning that personal self-seeking or religious sacrifice to earn God's glory is no longer necessary, and this is applicable to anyone who wants to stand in righteousness before God, and to enjoy God's right standing to glory, in the grace.

"God [in His eternal plan] chose to make known to them how great for the Gentiles are the riches of the glory of this mystery, which is Christ in [within] and among you, the hope and guarantee of [realising the] glory." - Colossians 1:27 (Amplified)

"For whom He foreknew, He also predestined to be conformed to the image of His Son, that He might be the firstborn among many brethren. Moreover, whom He predestined, these He also called; whom He called, these He also justified; and whom He justified, these He also glorified." - Romans 8:29-30

"For Christ is the end of the law for righteousness to everyone who believes. For Moses writes about the righteousness which is of the law, 'The man who does those things shall live by them.'" - Romans 10:4-5



The Need to Be Hopeful in Hope

In scriptural terms, being hopeful in hope means having a confident expectation, or desire, that a specific scriptural outcome will occur as promised in the Holy Writ. It is more than an optimistic state of mind that simply looks forward to the future, anticipating that things will turn out well. Being hopeful in hope describes someone who is full of expectation, or a situation that appears promising. There is a distinct difference between being in hope and being optimistic, though the two are sometimes used interchangeably:

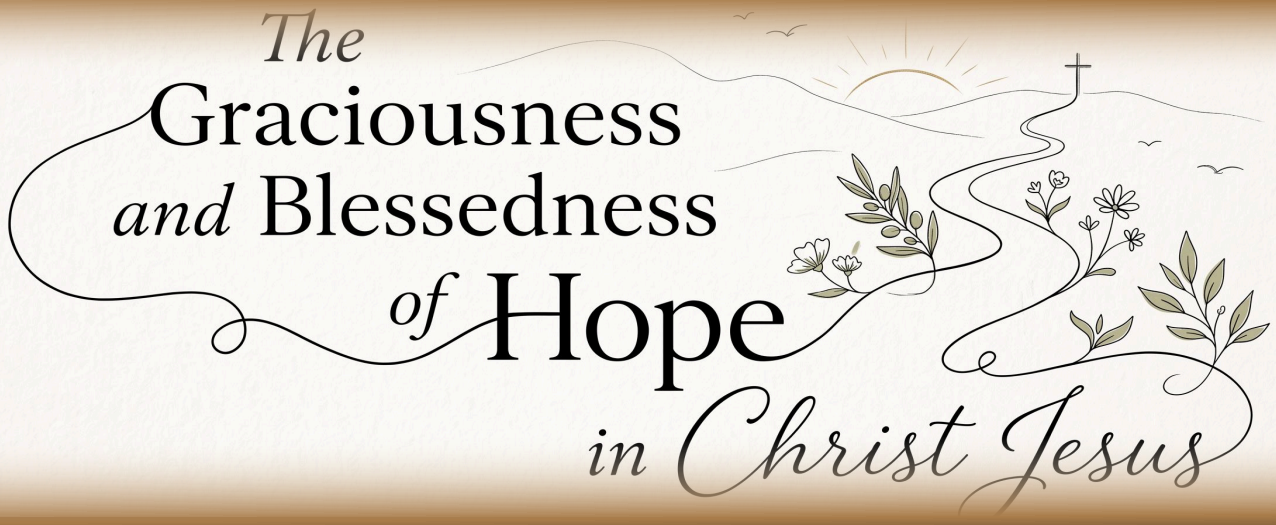
- **Optimism** is a passive belief that things will generally work out for the best.
- **Hopefulness** is often active. It acknowledges uncertainty and motivates action - studying for an examination, applying for a job, or seeing a medical practitioner about one's health - because one believes, with confidence, that a good result is possible.

Benefits of being hopeful: Being hopeful in hope is a gracious and blessed spirit to embrace, offering several recognised benefits to one's journey through any life process or expectation:

- **Mental:** Improves mood, lowers stress and anxiety, and sparks creativity.
- **Physical and behavioural:** Boosts productivity and provides the motivation required to tackle challenges.

How to stay hopeful: There is a need to remain hopeful in hope, in the grace, in all life's circumstances - both good and challenging - because this is about faith, which can only be substantiated by hope in the grace, in order to bring about the results promised. If you are going through a difficult time and need a boost, consider these actionable strategies:

- **Practise gratitude:** Note down, each day, what you are grateful for regarding what God has done in you in Christ Jesus stead - as Philemon 1:6 expects of us.
- **Take actionable steps:** Faith without actionable steps is no faith, and no hope to substantiate for results. Break down an overwhelming problem into small, manageable tasks, guided by the Scriptures.
- **Seek support:** Seek counsel from people of faith who can relate to your matter scripturally, and not by mere human ideals. It is said that you can "borrow" hope from a friend or family member, in the grace, by spending time with them to hear the word of hope. It lifts one out of despair.



The Graciousness and Blessedness of Hope In Christ Jesus

"For the grace of God has appeared that offers salvation to all people. It teaches us to say 'No' to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age, while we wait for the blessed hope - the appearing of the glory of our great God and Saviour, Jesus Christ, who gave himself for us to redeem us from all wickedness and to purify for himself a people that are his very own, eager to do what is good. These, then, are the things you should teach. Encourage and rebuke with all authority. Do not let anyone despise you." **- Titus 2:11-15 (NIV-UK)**

The Graciousness of Hope

The "graciousness of hope" describes the undeserved, transformative power of confident expectation rooted in grace. It is not a mere optimistic wish, but a reliable gift that provides peace and patience during suffering, assuring us that God's steadfast love is with us. This profound concept connects deeply to both faith and human perseverance, encompassing a few key characteristics:

- Rooted in favour: scriptural teaching suggests that hope is an unearned gift, derived directly from divine grace. Rather than something you achieve, it is a disposition given to you in the grace, in Christ Jesus stead.
- Endurance in suffering: gracious hope acts as an anchor. Instead of fleeing hardship, this kind of hope allows individuals to rest in patient expectation, eventually blooming into perseverance.
- Universal need: grace and hope meet people exactly where they are - whether broken, successful, or searching - highlighting the kindness and merciful character of this expectation.
- A daily supply: this hope is not limited to the afterlife. It offers grace for today and bright hope for tomorrow, helping individuals navigate daily challenges, overcome personal struggles, and grow in character.

The Blessed Hope

The "blessed hope," as scripturally referenced in Titus 2:13, points specifically to believers of God in Christ Jesus - a foundational expectation within the context and concept of hope, and of being hopeful in the grace. It represents the confident, joyful assurance that Jesus Christ will return, the dead in Christ will be resurrected, and believers will be gathered to live in eternal glory with God.

Unlike worldly "wishful thinking" or optimistic positive thinking, scriptural hope is a divine certainty based on scriptural promise. Its blessedness stems from several core scriptural realities, which include, but are not limited to:

- Christ's glorious appearing: believers look forward to seeing Jesus unveiled in His full deity and glory, free from the human flesh that concealed it during His earthly life.
- Abolition of death: the ultimate defeat of mortality, where the grave is overcome, and believers are given renewed, imperishable bodies.
- Deliverance from sin: the promise of a renewed creation, where the bondage of sin and suffering is permanently eradicated.

How the Blessed Hope Shapes Daily Life

Scriptural hope does not merely anticipate a future event - it profoundly shapes the present, while reassuring the future, in the grace, in Christ Jesus stead:

- Stimulates faith for present peace: it provides believers with comfort and stability, instilling steadfastness in the face of temporal hardships.
- Inspires godly living for holiness: the expectation of seeing Christ motivates people to live purposefully, righteously, and with conviction in the present life.

The Graciousness and Gracefulness of Hope

There is a graciousness and gracefulness of hope in God, of God, and on God, in Christ Jesus stead, helping to actualise the essence of our belief and faith in the riches of the glory of God's hidden secrets, now being made manifest.

It is only when Christ is in us that the graciousness and gracefulness of hope for glory take on their full essence in the believer, in the grace. What, then, is the graciousness, and what is the gracefulness, of hope in the grace? Understanding these terms is precisely what this July theme sets out to address - a remarkable subject, well worth exploring.

Graciousness Defined

Graciousness is the excellence of manners or social conduct, and the quality of being kind and gentle. Biblical graciousness is a lifestyle of kindness, compassion, and unmerited favour that reflects the character of Christ. It is rooted in God's love and mercy, requiring us to treat others with gentleness, forgiveness, and generosity - not because they deserve it, but as an expression of the divine love that indwells us.

In considering this July's theme - ensuring hope in Christ Jesus stead - it must be noted that the concept concerns living with hopeful expectations and blessedness in Christ Jesus, in the grace. As we travel this journey of New Creation Testament faith, there are notable differences compared to the Old Creation Testament, particularly in the direction of the relationship. Here are a few worth considering:

The Blessedness of God

The blessedness of God refers to the intrinsic, perfect happiness and divine nature of God Himself - the divine state of infinite happiness and perfection that God inherently possesses. This describes a defining attribute of God's nature: His complete self-sufficiency, supreme joy, and absolute perfection. God does not need anything from outside Himself to be happy; He is eternally satisfied within the fellowship of the Trinity. This is God's own inherent blessedness - the ultimate source of all joy. The Apostle Paul famously called this the "gospel of the blessed God," referring to God's inherent happiness. The blessedness of God, then, is about who God is - joyful, perfect, self-sufficient, holy, and wholly complete within the Trinity, needing nothing outside Himself to be perfectly satisfied. It is an eternal attribute of His character.

The Blessedness in God

The blessedness in God, often expressed as being "blessed in the Lord," refers to the state of human beings experiencing divine empowerment to express joy, favour, and grace, because of their connection to Him in faith, in the grace, in Christ Jesus stead. This represents the happiness and favour humans experience when they find refuge and joy in God - arising from living in alignment with His purpose, and experiencing His supernatural empowerment and favour in life. This is what the Bible typically describes when someone is called "blessed" (as in the Beatitudes). The blessedness in God is the knowing that our expectations of, in, and on God assure us of hope, and give us cause to be hopeful in love and in faith, in the grace. This echoes a profound scriptural promise:

"For surely there is an end; and thine expectation shall not be cut off." **- Proverbs 23:18 (KJV)**

"Surely there is a future [and a reward], and your hope and expectation will not be cut off."
- Proverbs 23:18 (Amplified)

The core meaning and spiritual takeaway of this blessedness include:

- **Divine assurance:** A promise that hope anchored in faith will ultimately be rewarded. God's timing differs from ours, and seasons of waiting or hardship are not eternal.
- **Delay is not denial:** Even when dreams or prayers seem delayed, this verse reminds believers that their vision and expectations are not lost, abandoned, or cut short.
- **A future and a hope:** Similar to the promise in Jeremiah 29:11, it assures the righteous of stepping into a future that brings fulfilment and joy.

The Blessedness on God

The blessedness on God is the action of believers in Christ Jesus who, in the faith and in the grace, do life and live godly by praising, worshipping, magnifying, and conferring honour upon God. When we "bless God," we do not give Him anything He lacks. Rather, we recognise, acknowledge, and express gratitude for His character and His benefits. The focus here is on the human response of worship — closely tied to the Psalms, where believers declare, "Bless the Lord, O my soul." The blessedness on God, then, is about what we declare toward God in worship and praise.

Key Biblical Foundations of Graciousness

The concept begins with God's divine character. In the Old Testament, the Hebrew word **chanown** describes God as gracious and compassionate, slow to anger, and abounding in loving-kindness **(Exodus 34:6).**
In the New Testament, Jesus's earthly ministry epitomised graciousness. People were routinely amazed at the gracious words that came from His lips **(Luke 4:22),** owing to His compassionate interactions with the marginalised.
Believers are called to emulate this trait daily, letting their conversations and actions be full of grace.

Greek and Hebrew contextual meanings:

- **Charis (Greek):** translated in the New Testament as both "grace" and "graciousness," signifying generous, unmerited favour, and often referring to a disposition of kindness - the outward reflection of God's influence on the heart.
- **Khen (Hebrew)** - used in the Old Testament to describe beauty, favour, or anything that induces a highly favourable response, highlighting that graciousness is something beautiful and attractive.

Graciousness versus grace: while the two terms overlap, they carry distinct focuses in Scripture:

- Grace is the divine, foundational gift of God's forgiveness, salvation, and transformational power.
- Graciousness is the practical, daily reflection of that grace in human interaction - characterised by patience, unselfishness, and treating others with unearned respect.

Biblical Hope: Confident, Not Wishful

In Scripture, hope is not a wish, but a confident, unshakable expectation anchored in God's character and promises. It serves as a powerful spiritual anchor, empowering believers to endure suffering, overcome anxiety, and live with joy and resilience, regardless of circumstance.

Unlike worldly hope - often tied to uncertainty or wishful thinking - biblical hope involves absolute trust.

- **Confident assurance:** In Hebrew, hope (tikvah) means a strong cord, or a binding expectation. In Greek (elpizō), it implies a joyful, confident expectation of good.
- **The foundation of faith:** Hebrews 11:1 describes faith as "the assurance of things hoped for, the conviction of things not seen."

How Hope Empowers the Believer

Scripture highlights several ways hope actively transforms daily life:

- Renewing strength: it gives endurance during trials - those who wait on the Lord are promised renewed strength, mounting up with wings like eagles.
- Producing resilience: Romans 5:3-5 describes a chain reaction, where suffering produces perseverance, perseverance builds character, and character ultimately results in a hope that does not disappoint.
- Releasing joy and peace: Romans 15:13 stands as a powerful blessing, praying that the God of hope will fill believers with all joy and peace, so that they may overflow with hope through the power of the Holy Spirit.

Core Biblical Promises of Hope

The power of hope lies entirely in God's unchanging nature and promises:

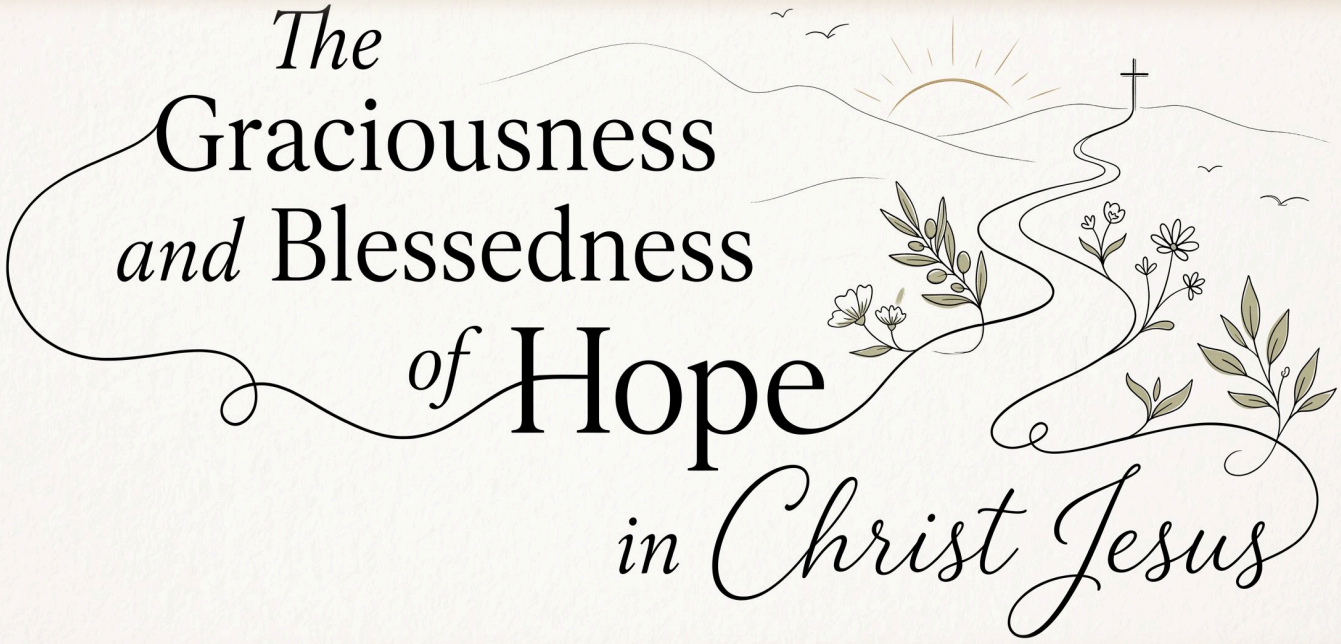
- **A living hope:** 1 Peter 1:3 notes that believers are given a "living hope" through the resurrection of Jesus Christ, assuring them of victory over death.
- **A future:** in Jeremiah 29:11, God promises plans for a future filled with hope and welfare, rather than harm.
- **Anchor for the soul:** Hebrews 6:19 describes this hope as "an anchor for the soul, firm and secure."

In the Holy Writ, hope is known as Elpis in Greek and Qavah in Hebrew, meaning confident expectation and certain assurance in God's promises - promises which cannot be cut off (Proverbs 23:18). Unlike the modern English sense of hope, which implies wishful thinking or a "maybe," biblical hope is a firm, unwavering trust in what God has guaranteed. And what God has guaranteed for believers to hope for in glory is rooted in the Holy Writ, and sealed by the Holy Spirit of promise (2 Corinthians 1:18-22).

The Three Key Pillars of Biblical Hope

- Rooted in the past, focused on the future: biblical hope is built on God's proven track record of faithfulness throughout history, giving believers absolute confidence in His future promises - eternal life, the return of Christ, and more.
- Distinct from optimism: while optimism relies on favourable circumstances or probabilities, biblical hope is chosen even amid difficult circumstances, resting entirely on the unchanging character of God (Romans 4:16-25).

The Graciousness and Blessedness of Hope in Christ Jesus



- Anchored to God's character: biblical hope is active and steadfast, holding believers steady in the present because they know God is trustworthy.

Essential biblical references:

- Hebrews 6:19 - describes hope as "an anchor for the soul, firm and secure," representing the stability it provides in a chaotic world.
- Romans 8:24-25 - explains that hope looks to what is unseen and requires patience, linking it intrinsically to faith.
- Titus 1:2 - refers to hope as a confident expectation of "eternal life, which God, who does not lie, promised."
- FURTHER READING: Romans 4:16-25; Colossians 1:27



The Essence And Characteristics Of Hope

a. Hope Must Have Genuine Substance

Hope is not wishful thinking, a positive approach, or mere optimism in Christ Jesus.

b. Hope Must Have a Firm Foundation

Hope is not about mere wishes and dreams; it is built and founded on the promises of God in the Scriptures, not on abstraction. Genuine scriptural hope is a desire accompanied by the expectation of, or belief in, fulfilment in the grace of our Lord Jesus Christ - otherwise, it is to live aimlessly, to no fruition, and to one's own sickening.

"Hope deferred makes the heart sick." - **Proverbs 13:12**

c. The Consciousness to Live Aware of That Hope

Hope can be an expectation and anticipation that rests in what we believe. For the child of God, hope is as strong as what we have learned of God's goodness and faithfulness. Just as importantly, it can reveal the presence of the Spirit of God in our lives.

"Now may the God of hope fill you with all joy and peace in believing, so that you will abound in hope by the power of the Holy Spirit." - **Romans 15:13**

This prayer of the Apostle Paul reveals two significant reasons why hope is such a priority and grace to us, in the stead of Christ Jesus:

- **First, God is "the God of hope."** Our joyful expectation is not without foundation. Hope's foundation is not a theory or a philosophy - it is a person. Romans 15:13 calls us to embrace hope as a reality rooted in God Himself, not as something we must work up in our own strength.

- **Second, we are called to "abound in hope."** As God's children, we have been given His Spirit, and the powerful hope that flows from Him. Hope should be a vital characteristic of the follower of Jesus, because God is the foundation of hope, and because He has given us His Spirit. Genuine hope is one of the greatest distinguishing marks between believers and those who do not know Christ. Writing to the Christians at Ephesus, Paul reminded them of life before salvation in Christ Jesus, in the grace:

> "You were at that time separate from Christ, excluded from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world." - Ephesians 2:12

The final phrase is crucial: they had "no hope" because they were "without God in the world." Those who put their faith in God become the glad possessors of hope - and that makes all the difference in how we live. Our challenge is to live in awareness of that hope.

d. Hope's Foundation Is a Person

For those who do not know Jesus, hope is a verb. But for believers of God in Christ Jesus, hope is also a noun. This is an important distinction. Hope is not simply something we do, with teeth gritted and fingers crossed - hope, joyful expectation, is something we have and possess, in the grace, in the person of Jesus.

> "God [in His eternal plan] chose to make known to them how great for the Gentiles are the riches of the glory of this mystery, which is Christ in and among you, the hope and guarantee of [realising the] glory." **- Colossians 1:27 (Amplified)**

We possess hope because we know the God who is the source of, and reason for, our hope. True hope is not the equivalent of whistling past a graveyard, hoping everything will turn out. True hope is dynamic and powerful, because it considers the circumstances of life realistically - and then confidently rests in the promises and character of God. Hope, like faith and love, looks different in different situations. As 1 Corinthians 13:13 enjoins: "But now faith, hope, love, abide these three; but the greatest of these is love." These three great pillars of joyful living are all critical, yet each adapts appropriately to changing conditions.

d. Hope's Foundation Is a Person

In times of abundance, faith expresses trust in God with grateful humility. In times of loss, it will grieve - but not as those without hope.

"But I do not want you to be ignorant, brethren, concerning those who have fallen asleep, lest you sorrow as others who have no hope." **- 1 Thessalonians 4:13 (NKJV)**

f. Hope Expresses Itself Through Effort and Urgency - and Through Rest

As it works, hope can express itself through great effort and urgency. At rest, it can relax in the presence of the One who says, "Cease striving and know that I am God" (Psalm 46:10). Love, too, is adaptable - to seek the good of others, it must sometimes be gentle and patient, and at other times firm, even tough.

g. Hope Flexes to Fit Various Situations

Because hope relies on the goodness and faithfulness of God, it wears many faces, responding fully to life's different experiences. The Apostle Paul noted that hope is courageous:

"Having such a hope, we use great boldness in our speech." **- 2 Corinthians 3:12**

h. Hope Is Patient

Paul also taught that hope is patient - so that while we hope, we are not despondent or heartsick, knowing that God is at work in all that concerns us, in Him, in Christ Jesus stead.

"We give thanks to God always for all of you... constantly bearing in mind your work of faith and labour of love and steadfastness of hope in our Lord Jesus Christ in the presence of our God and Father." **- 1 Thessalonians 1:2-3**

i. Hope Is Expectant

Hope is expectant - reaching for the blessed hope at the end of our days, in the grace, in Christ Jesus stead:

"Looking for the blessed hope and the appearing of the glory of our great God and Saviour, Christ Jesus, who gave Himself for us to redeem us from every lawless deed, and to purify for Himself a people for His own possession, zealous for good deeds." - Titus 2:13-14

j. Hope Is a Source of Stability

The writer of Hebrews viewed hope as a source of stability - an anchor, providing a sure and steadfast foundation in the grace, so that we do not waver by reason of challenging times.

"This hope we have as an anchor of the soul, a hope both sure and steadfast and one which enters within the veil." - Hebrews 6:19

k. Hope Has a Purifying Effect

Genuine, scriptural hope carries a purifying effect - the knowing that God in Christ Jesus will uphold and keep His word to purify His believing ones, in the grace.

"Everyone who has this hope fixed on Him purifies himself, just as He is pure." - 1 John 3:3

Finally: A Living Epistle - From Hopeless, to Hope, to Faith

Hope is remarkably versatile. With hope, followers of Christ can confidently engage the world in any sphere, once they know who they are in Christ Jesus stead. Genuine hope strengthens us for the wide variety of challenges we face, because we view those challenges through the lens of God's character and nature - as demonstrated in Abraham, whom God commended for his remarkable obedience, holding him up as a living epistle for all to look to, as Isaiah 51:1-3 enjoins:

"Listen to Me, you who follow after righteousness, you who seek the Lord: look to the rock from which you were hewn, and to the hole of the pit from which you were dug. Look to Abraham your father, and to Sarah who bore you; for I called him alone, and blessed him and increased him. For the Lord will comfort Zion, He will comfort all her waste places; He will make her wilderness like Eden, and her desert like the garden of the Lord; joy and gladness will be found in it, thanksgiving and the voice of melody." - NKJV

In the journey of fulfilling God's promise, Abraham faced many unprecedented challenges. He never allowed those challenges to cut him short - even after his wife urged him to act otherwise. His focus remained steady throughout, and he continued to hope, even when what was hoped for seemed unlikely or impossible, until God fulfilled His promise to him. From a seemingly hopeless situation - against hope - he held on to hope, which substantiated the faith that brought God's promised word into reality and tangibility, in the grace. The Holy Writ concludes that the blessing given to Abraham in his obedience belongs to all who are redeemed in the grace - and just as he hoped, so shall all believers come to see God's given purpose actualised in their own lives. All who look to walk in that same blessed hope, in our walk with God in Christ Jesus stead, are called to partake in the righteous cause of that blessedness, as it is written:

"Therefore it is of faith that it might be according to grace, so that the promise might be sure to all the seed, not only to those who are of the law, but also to those who are of the faith of Abraham, who is the father of us all (as it is written, 'I have made you a father of many nations') in the presence of Him whom he believed—God, who gives life to the dead and calls those things which do not exist as though they did; who, contrary to hope, in hope believed, so that he became the father of many nations, according to what was spoken, 'So shall your descendants be.' And not being weak in faith, he did not consider his own body, already dead (since he was about a hundred years old), and the deadness of Sarah's womb. He did not waver at the promise of God through unbelief, but was strengthened in faith, giving glory to God, and being fully convinced that what He had promised He was also able to perform. And therefore 'it was accounted to him for righteousness.' Now it was not written for his sake alone that it was imputed to him, but also for us. It shall be imputed to us who believe in Him who raised up Jesus our Lord from the dead, who was delivered up because of our offences, and was raised because of our justification." **- Romans 4:16-25 (NKJV)**

Anyone who does not know Christ is lost and without hope, in the world and in life with God. When such a one is presented with the gospel of Bible-based hope, and believes, they receive Christ as personal Saviour and Lord. Christ becomes their hope - their future insured and assured, though physical needs remain in this life.

"To whom God would make known what is the riches of the glory of this mystery among the Gentiles; which is Christ in you, the hope of glory." **- Colossians 1:27**

"For in this hope we were saved. Now hope that is seen is not hope. For who hopes for what he sees? But if we hope for what we do not see, we wait for it with patience." **- Romans 8:24-25**

One physical need of such a new believer, holding scriptural-based hope, may be the need for physical healing. This need creates a desire within them for healing. As they learn more of the Scriptures, they come to realise that physical healing is included within God's redemption plan, and that healing is possible through His power and grace. This realisation - that physical healing is a scriptural-based possibility - creates hope. Hope is the positive, future expectation of receiving God's promises fulfilled in our lives. It is a desire that its answer is found in the promises of God - and it is this vitality of hope that makes faith work.

"Now faith is the assurance (the confirmation, the title deed) of the things [we] hope for, being the proof of things [we] do not see and the conviction of their reality." - Hebrews 11:1-2 (Amplified)

"May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope." - Romans 15:13

"So that being justified by his grace we might become heirs according to the hope of eternal life." - Titus 3:7

If we diligently persevere in seeking God on any matter, in doing life and living godly in the grace, hope will substantiate the evidence that turns faith to reality, and our desire to tangibility:

- Hope is the first step in receiving from God - for faith is the ownership, or reality, of things hoped for; the evidence of things not yet seen.
- Hope is the start of the walk of faith - giving faith the vitality to work.
- Hope believes you can have it someday. Faith believes you have it now, in your heart.
- Hope is the possibility; faith is the surety. Faith transforms hope into reality.
- Hope is the raw material from which faith builds the house.

Transforming our godly desires into reality is the purpose of hope and faith. I challenge you to hope freely in God - you will not be disappointed, because hope is the vitality that makes faith work.

"...and hope does not disappoint [make us ashamed], because the love of God has been poured out within our hearts through the Holy Spirit who was given to us." - Romans 5:5

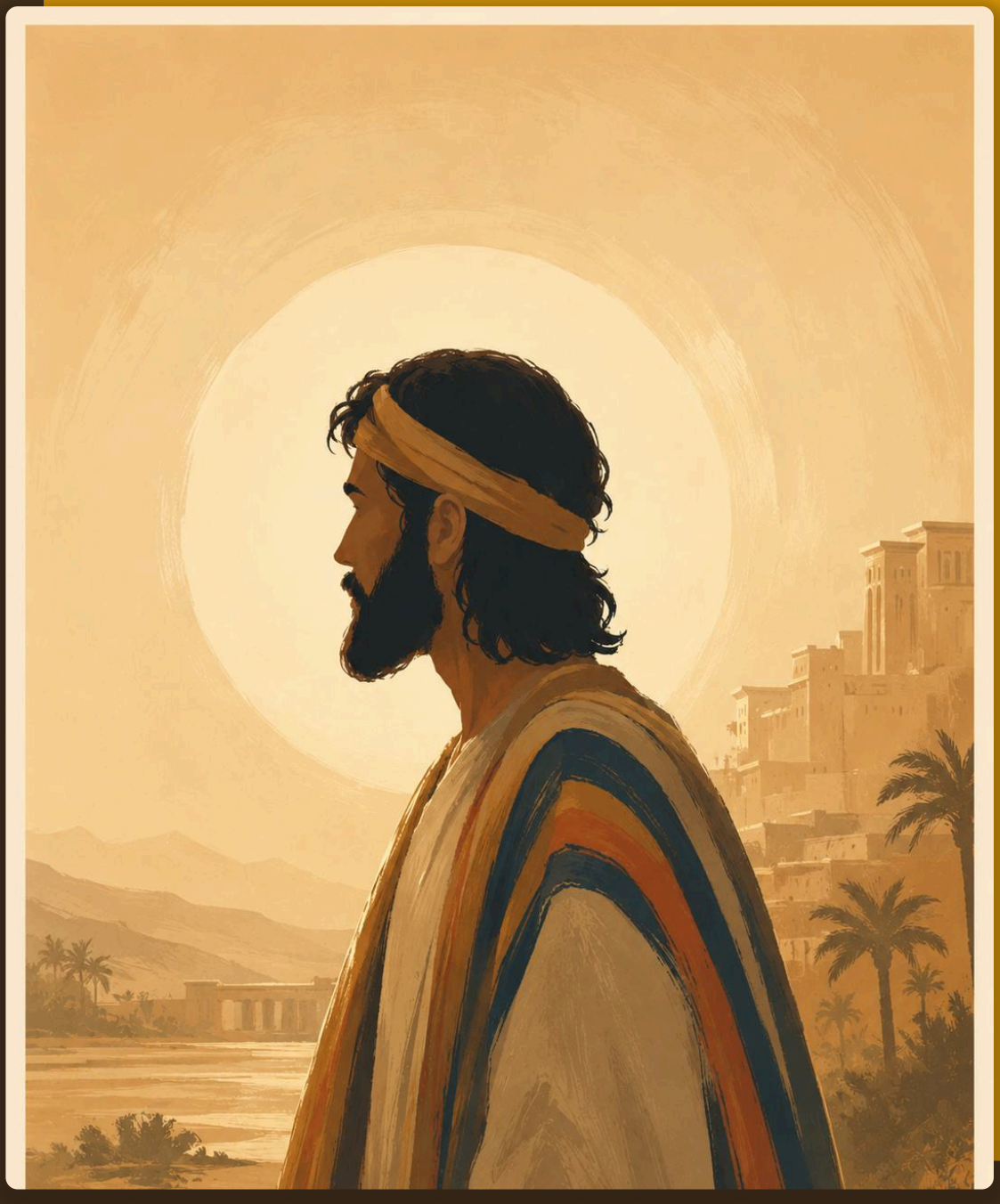
"Blessed be the God and Father of our Lord Jesus Christ! According to His great mercy, He has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead." - 1 Peter 1:3

It is up to us to bring our needs and desires to our Lord God, and to seek Him through His Word, according to all Christ accomplished for us in redemption. Only through His Word can we accurately judge our desires. Those desires that stand the test of His Word become viable candidates for reality.

"But we do [strongly and earnestly] desire for each of you to show the same diligence and sincerity [all the way through] in realising and enjoying the full assurance and development of [your] hope until the end, in order that you may not grow disinterested and become [spiritual] sluggards, but imitators, behaving as do those who through faith... and by practice of patient endurance and waiting are [now] inheriting the promises." - Hebrews 6:11-12 (Amplified)

For without hope, God has nothing for which faith can make reality - for hope is the vitality on which faith works, in the grace, in Christ Jesus stead.

JOSEPH - A LIFE OF ASSURED HOPE



Few figures in Scripture trace the full arc of assured hope as vividly as Joseph. His story does not move from vision to fulfilment in a straight line - it winds through favouritism, betrayal, slavery, false accusation, imprisonment, and years of apparent silence from God, before arriving at the very glory God had shown him. Joseph's life teaches us that assured hope is not the absence of hardship; it is confident trust in God's character through hardship, from the moment a vision is given to the day it is fulfilled.

The Vision of Assured Hope from God

As a young man of seventeen, Joseph received two dreams - not promises he devised for himself, but visions given to him by God, revealing a future authority he could not have imagined or engineered **(Genesis 37:5-9).** In the first, his brothers' sheaves bowed to his sheaf; in the second, the sun, moon, and eleven stars bowed to him. These were not Joseph's ambitions - they were revelations, planted in him long before he had any means of bringing them to pass.

It is worth noting: a vision from God is not the same as a guarantee of an easy road. Joseph's brothers already envied him as their father's favourite **(Genesis 37:3-4);** the dreams only deepened that envy **(Genesis 37:5, 8, 11).** From the very start, the vision and the hostility arrived together - a pattern many who carry God-given hope will recognise.

Hope Tested by Betrayal

Joseph's own brothers seized him, stripped him of his coat, and cast him into a pit, debating whether to kill him outright before selling him into slavery instead **(Genesis 37:23-28).** It was the first, sharpest blow to the vision he carried. Had Joseph's hope been rooted in his family, his comfort, or his own strength, it would have died in that pit. But assured hope is never founded on people or circumstance - it is founded on the character of God who gave the vision in the first place.

Hope Tested by Integrity Under Pressure

Sold into Egypt, Joseph served faithfully in Potiphar's house, and the Lord caused all he did to prosper **(Genesis 39:2-6).** Yet even faithfulness did not exempt him from further testing. When Potiphar's wife pursued him repeatedly, Joseph refused, asking, "How then can I do this great wickedness, and sin against God?" **(Genesis 39:9)** - and was falsely accused and imprisoned for his integrity **(Genesis 39:7-20)**. This is where hope is tested most severely: not merely by hardship, but by injustice that makes no earthly sense, arriving precisely because he did the right thing.

Hope Tested by Delay

In prison, Joseph interpreted dreams for Pharaoh's cupbearer and baker, asking only that the cupbearer remember him once restored to his position **(Genesis 40:14).**

"Yet did not the chief butler remember Joseph, but forgot him" (Genesis 40:23). Two more full years passed in silence (Genesis 41:1). This is the long, quiet middle of Joseph's story - the place where hope is easiest to abandon, because nothing visible is happening, and even the one person who might help has forgotten. Yet the Scripture is careful to record that God's timing, not man's memory, governed Joseph's deliverance.

Hope Vindicated

When Pharaoh's own dreams troubled him, Joseph was suddenly remembered and brought before him.

He gave God the credit before he gave the interpretation - "It is not in me: God shall give Pharaoh an answer of peace" (Genesis 41:16) - and was elevated, in a single day, from forgotten prisoner to second-in-command over all Egypt (Genesis 41:37-44). The very vision given to him thirteen years earlier had come to pass - not through his own scheming or self-promotion, but through God's sovereign unfolding of events entirely outside Joseph's control.

Hope That Provides for Others

Joseph's rise was not for his own glory alone. Through his administration, Egypt was preserved through seven years of famine, and grain was stored to sustain not only Egypt but the surrounding nations - including, eventually, his own family (Genesis 41:46-57; 42:1-6). Assured hope, rightly stewarded, becomes a means of provision and blessing for others, not merely personal vindication.

Hope That Forgives

The clearest proof that Joseph's hope was genuinely rooted in God - and not merely a desire for eventual revenge - came when his brothers stood before him years later, unaware of who he was, begging for grain. Joseph wept, revealed himself, and spoke words among the most remarkable in all of the Scripture:

"But as for you, ye thought evil against me; but God meant it unto good, to bring to pass, as it is this day, to save much people alive." **- Genesis 50:20 (KJV)**

He went further still, reassuring them: "Fear not: I will nourish you, and your little ones" (Genesis 50:21). This is assured hope in its fullest expression - the capacity to look back over betrayal, slavery, false accusation, and years of delay, and see, running beneath it all, the faithful hand of God working even the darkest chapters toward good.

Hope That Outlasts a Lifetime

Joseph's arc mirrors precisely what this edition has explored: that hope is not wishful thinking, but a confident, scripturally-anchored trust that holds steady when circumstances give no reason to hope at all. Joseph did not hope because his situation was promising - for most of his life, it was anything but. He hoped because he trusted the character of the God who had spoken to him, and he continued in integrity while he waited for that word to be fulfilled.

For the believer today, walking in the grace, in Christ Jesus stead, Joseph's life stands as living proof of Proverbs 23:18: "Surely there is a future, and your hope and expectation will not be cut off." Delay is not denial. Injustice is not the final word. And what others meant for evil, God is well able to turn to good - for those who hold fast to assured hope in Him.

HOPE AND THE BODY:

HOW EMOTIONAL HOPE AFFECTS PHYSICAL HEALTH



There is a quiet wisdom in the way Scripture speaks of hope as something that touches not just the soul, but the whole of our being. It turns out modern medicine is only now catching up to what the Bible has always taught: hope is not just a spiritual comfort - it shapes our physical health too.

What the Research Shows

Over the past decade, a growing body of medical research has examined the link between a hopeful, optimistic outlook and physical health outcomes, with striking results.

A large study following over 3,000 adults for a decade found that optimism was consistently associated with better cardiovascular health across all measured time points, including healthier blood pressure, body weight, and smoking status. A separate meta-analysis reported that individuals with higher levels of optimism have a 35% lower risk of experiencing a cardiovascular event compared to individuals with lower levels of optimism.

The effect isn't limited to heart health. A meta-analytic review synthesising findings from 83 studies confirmed that optimism is a statistically significant predictor of positive physical health outcomes across multiple domains, including mortality, cardiovascular health, immune function, cancer recovery, and pain.

Researchers are also beginning to understand why this happens. Optimistic people tend to exercise more regularly, follow through with medical appointments, take medications as prescribed, and engage in fewer risky behaviours - and they're more likely to monitor their health proactively rather than avoiding problems out of fear. In other words, hope doesn't just make us feel better - it moves us to act in ways that protect our health.

Even in serious illness, hope holds up. Among cardiac patients specifically, higher levels of hope were linked to better physical outcomes, and people with greater hope reported higher life quality and satisfaction overall.

Why This Shouldn't Surprise Us

For the believer, none of this is really news - it's confirmation. The Scriptures has long taught that hope is not a passive feeling but an active, sustaining force: "The joy of the Lord is your strength" **(Nehemiah 8:10),** and "Hope deferred makes the heart sick, but a longing fulfilled is a tree of life" **(Proverbs 13:12).** The connection between a hopeful heart and a healthy body is written into the very way God made us

What medical science calls "optimism," the scripture calls something deeper still - hope anchored not in circumstance, but in the character of God. And if secular research shows that even ordinary optimism benefits the body this much, how much more can we expect the settled, scripturally-anchored hope of a believer to sustain us - body, soul, and spirit - through every season?

Three Simple Ways to Nurture Hope This Month

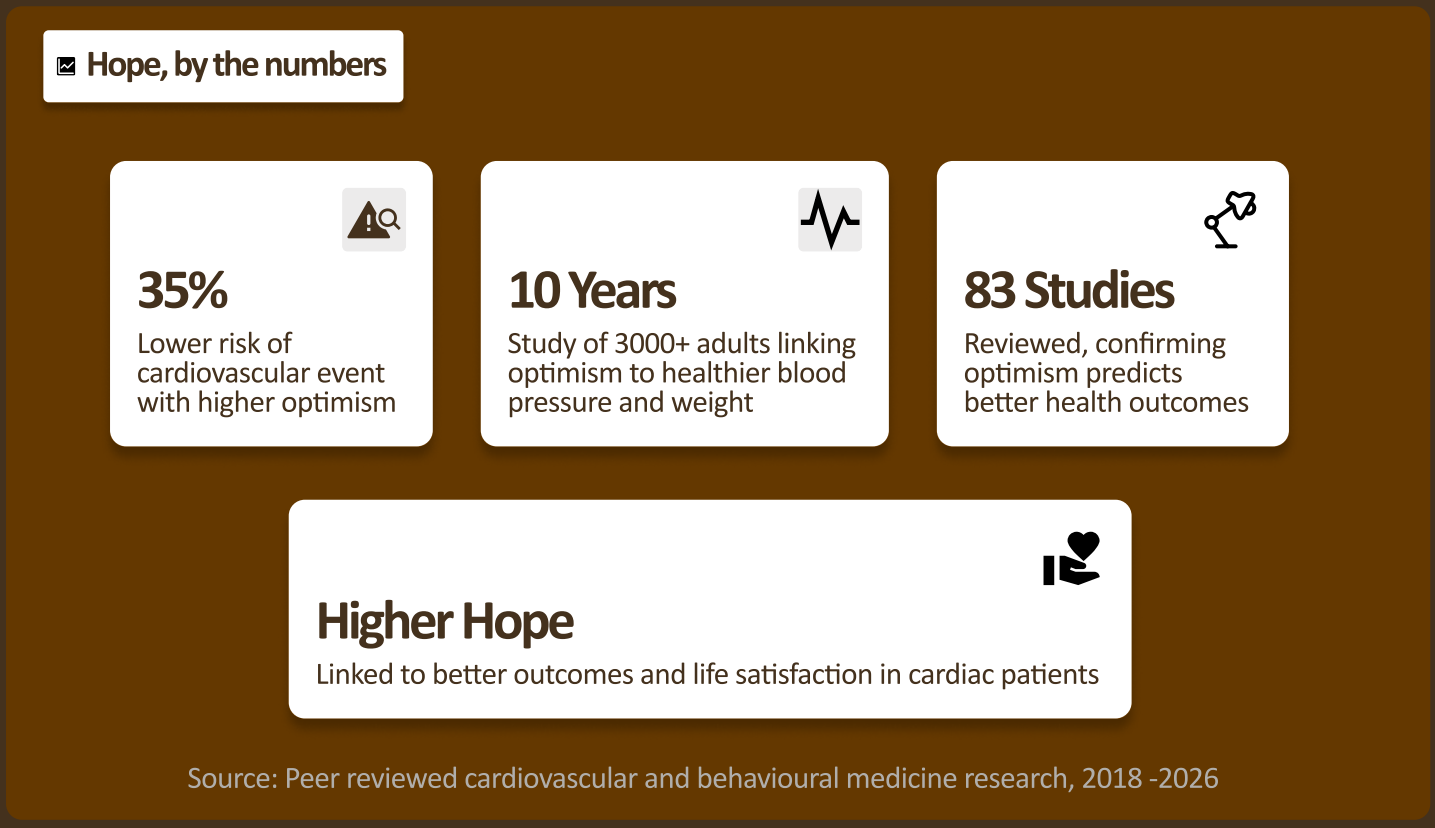
- **Start each day naming one promise of God.** Let it be the first thing your mind fixes on, before the day's pressures arrive.

- **Guard your intake.** Just as we watch what we eat, watch what fills your mind - news, conversations, and content that erode hope should be limited, not ignored, but balanced with truth.
- **Move your body.** Since hopeful people are shown to stay more active, use movement - even a short walk while praying - as a practical, physical expression of hope.

Hope is not just good for the soul. God designed it to be good for the body too.

("Research findings referenced from studies published in the Coronary Artery Risk Development in Young Adults (CARDIA) study, Circulation Research, and the American Journal of Medicine.")

Disclaimer: "This column is for general encouragement and is not a substitute for professional medical advice."



10-DAY HOPE DECLARATION GUIDE



Day 1 - Hope Has Substance

"Now faith is the substance of things hoped for, the evidence of things not seen." - Hebrews 11:1

I declare: My hope in Christ Jesus is not wishful thinking or empty optimism - it is substance, evidence, and conviction. Today, I stand on the certainty of God's Word, not the uncertainty of my circumstances.

Day 2 - I Abound in Hope

"May the God of hope fill you with all joy and peace in believing, that by the power of the Holy Spirit you will abound in hope." - Romans 15:13

I declare: The God of hope Himself fills me with joy and peace today. By the power of the Holy Spirit, I overflow with confidence in His promises - not by my own strength, but by His.

Day 3 - Christ in Me, the Hope of Glory

"Christ in you, the hope of glory." - Colossians 1:27

I declare: My hope is not a distant hope - it is Christ Himself, living in me. I carry the hope of glory within me today, in every place I go and in every situation I face.

Day 4 - Grace Teaches Me to Live in Hope

"The grace of God has appeared... while we wait for the blessed hope." - Titus 2:11-15

I declare: Grace is training me to live self-controlled, upright, and godly, as I wait for the appearing of my great God and Saviour. I do not wait passively - I wait purposefully, shaped by grace.

10-DAY HOPE DECLARATION GUIDE

Day 5 - Hope, Faith and Love Abide in Me

"And now abide faith, hope, love, these three; but the greatest of these is love." - 1 Corinthians 13:13

I declare: Faith, hope and love abide in me continually. My hope is not isolated - it is anchored to a living faith and expressed through genuine love, today and always.

Day 6 - My Work of Faith, Labour of Love, Patience of Hope

"Remembering without ceasing your work of faith, labour of love, and patience of hope."
- 1 Thessalonians 1:3-5

I declare: My life is marked by a work of faith, a labour of love, and a patience of hope. I will not grow weary in well-doing - my patience of hope is producing a testimony that glorifies God.

Day 7 - My Expectation Will Not Be Cut Off

"Surely there is a future, and your hope and expectation will not be cut off." - Proverbs 23:18

I declare: Delay is not denial. Whatever I have hoped for and prayed for is not lost, forgotten, or cut short. There is a future prepared for me, and I will step into it in God's perfect timing.

Day 8 - My Hope Is an Anchor for My Soul

"This hope we have as an anchor of the soul, both sure and steadfast." - Hebrews 6:19

I declare: My soul is anchored today - sure and steadfast - regardless of the storms around me. I will not drift, because my hope is fastened to the unchanging character of God.

Day 9 - I Was Given a Living Hope

"He has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead." - 1 Peter 1:3

I declare: The same power that raised Christ from the dead has birthed a living hope within me. My hope is not dead or dormant - it is alive, active, and at work in my life today.

Day 10 - My Hope Will Not Disappoint

"Hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit." - Romans 5:5

I declare: I will not be ashamed or disappointed in the hope I carry, because it is sealed by the love of God, poured into my heart by the Holy Spirit. Today, I close this guide walking boldly in assured hope, in Christ Jesus stead. Amen.

CEFMORSI INTERNATIONAL/RAHAM FOUNDATION FREE MEDICAL OUTREACH

HELD IN OBIBAN COMMUNITY TOWN HALL, ELEME, ELEME LOCAL GOVERNMENT AREA, RIVERS STATE, NIGERIA
DATED 11TH JULY 2026

INTRODUCTION

The free medical outreach was carried out by RAHAM Foundation in collaboration with Cefmorsi International Foundation, to reach the helpless and needy who are medically incapacitated and unable to access medication for their various ailments.

The medical team and personnel converged at a muster point - Sobaz Filling Station, Eleme Junction, along the Port Harcourt-Aba Expressway in Port Harcourt - for onward movement to Eleme town.

On arrival at the programme venue, only a few people were seated. As soon as activities commenced, others from the community - families, men, women, youths, teenagers, and children - turned out en masse and sat under the canopies.

ADDRESS BY DR MAUREEN

Dr Maureen Nwaeze, visionary of the RAHAM Foundation, addressed the gathering, welcoming everyone and encouraging them to be orderly and of good behaviour as the programme began. She informed the crowd that the outreach had been organised in collaboration with the Cefmorsi International Foundation, whose support and representatives were present on the ground. Dr Nwaeze went on to introduce the representatives of Cefmorsi International Foundation to the people - Dr Debbie Adeshina and Miss Covenant Adeshina.

WORD OF EXHORTATION

Dr Nwaeze invited Dr Debbie Adeshina, a representative of the Cefmorsi International Foundation (CIF), to give a brief word of exhortation before the commencement of the day's activities. She spoke on a message titled "The Love of Christ: Gateway to Divine Healing." To the glory of God, souls were won to God's kingdom, as most of those present gave their lives to Christ.

MEDICAL OUTREACH PROPER

Patients were invited into the hall, where medical activities proceeded on a first-come, first-served basis. The following workers and volunteers actively participated:

1. Registration/referrals stand - mounted by the CIF representatives
2. Doctors (3) - attended to patients
3. Health workers - conducted vital body sign examinations, including temperature, body weight, and blood pressure
4. Medical laboratory scientists/technicians
5. Chemists - for medication and drug administration
6. Other volunteers - for orderliness and picture coverage

At the peak of activities, Dr Nwaeze called for a pause to provide snacks and drinks for those present. A Constituency Honourable from the community was then introduced by Dr Maureen, who noted that he had assisted the foundation in securing the community hall, renting chairs and canopies, and making the venue conducive for the smooth running of the outreach. He was briefed on the partnership between RAHAM Foundation and Cefmorsi International Foundation.

In appreciation, the Honourable thanked both foundations for coming to the aid of the Eleme people, adding that the impact of the day's free medical outreach would not easily be forgotten.

Throughout the programme, families, men, women, youths, teenagers, and children were medically examined by the doctors, with tests conducted by the medical laboratory scientists and medication administered accordingly.

At about 4.30pm, Dr Nwaeze asked all workers to conclude activities for closing, although people were still arriving in their numbers. The programme was brought to a close, and food was packaged and served to every worker.

APPRECIATION

Dr Maureen thanked everyone and ascribed all honour to God Almighty for a successful outing. She specially appreciated Rev. Chukie Morsi, founder of the Cefmorsi International Foundation, and their representatives for the massive support given, both in cash and in kind.

TESTIMONY

On the journey back from the medical outreach to Port Harcourt, the team drove into a very heavy downpour. They were told it had been raining in Port Harcourt since the afternoon — yet God favoured the outreach, and no rain reached the venue until the programme had concluded and the team had departed. Glory be to God!

Reported by Dr Debbie Adeshina, CIF Representative

A CLOSING REFLECTION: HOPE MADE VISIBLE

If this July's theme has taught us anything, it is that assured hope in Christ Jesus is never merely theoretical - it moves, it acts, and it reaches the very people the world has forgotten. The Eleme outreach stands as a living picture of Titus 2:11-15's call to good deeds "eager to do what is good," and of the truth that Christ in us is not only the hope of glory (Colossians 1:27), but the hope that heals, restores, and serves those without access or advocate. Just as souls were won to the kingdom alongside physical healing that day, so hope in Christ Jesus continues to prove itself - not cut off, not delayed beyond its season (Proverbs 23:18), but made visible, one outreach, one life, at a time.






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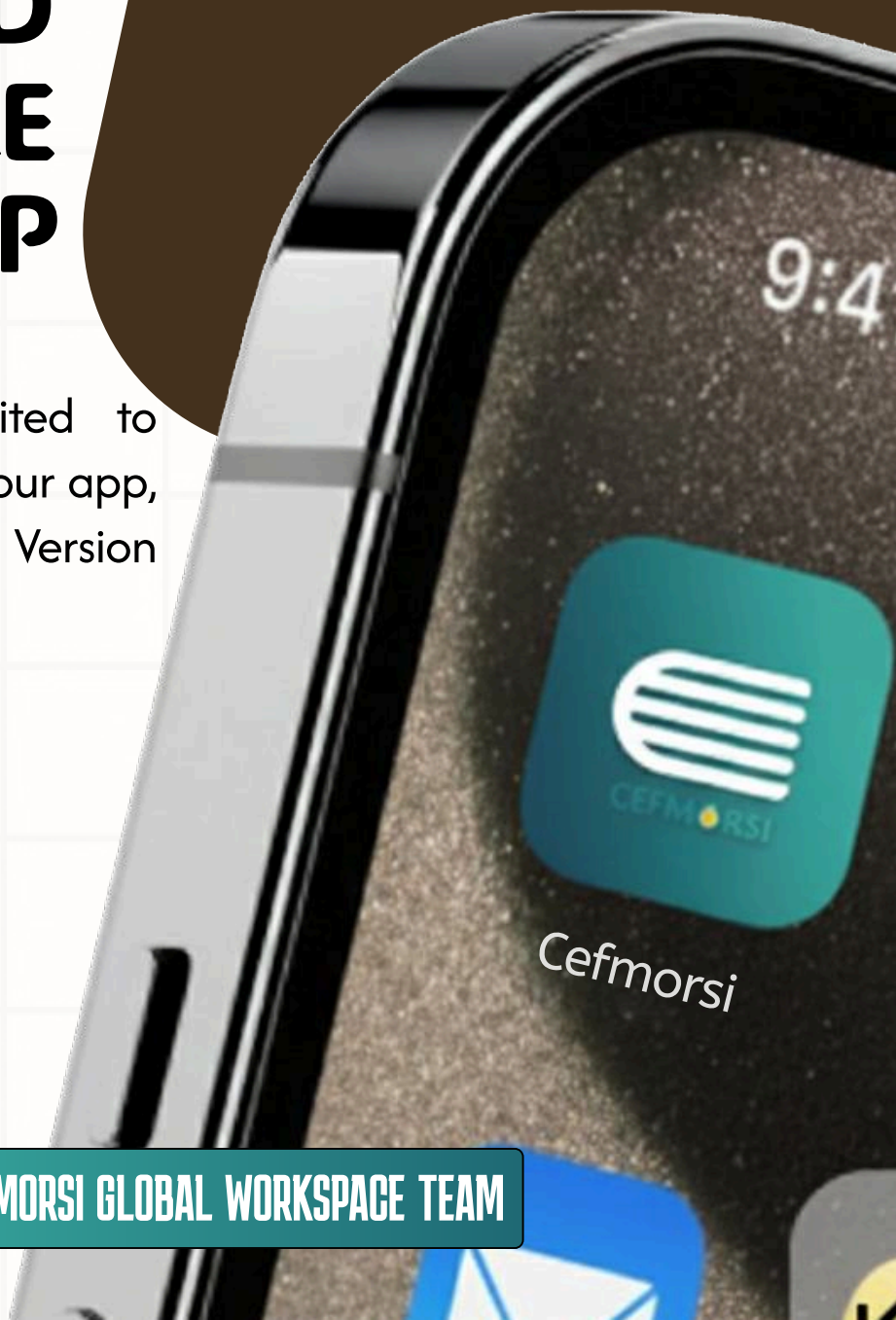
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