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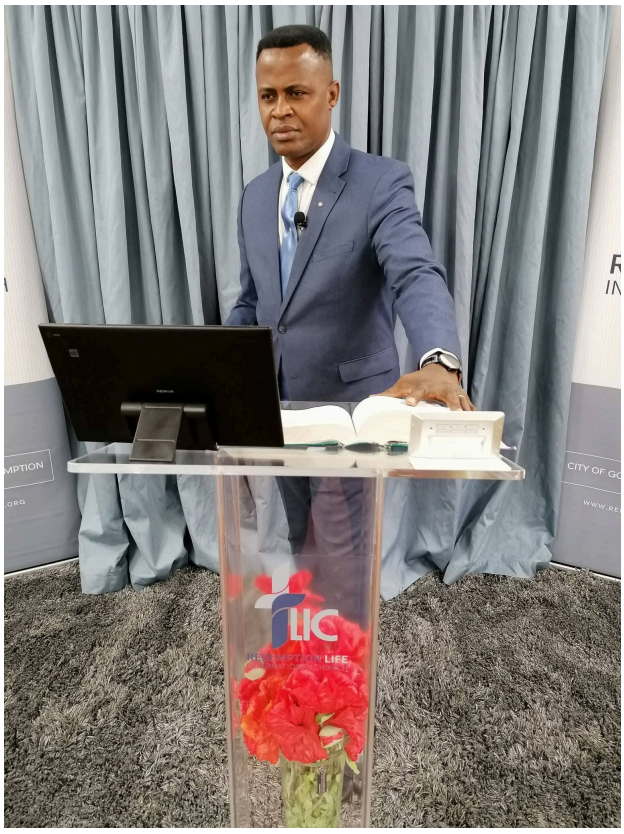
The Hearing of THE WORD



CEFMORSI GLOBAL WORKSPACE TEAM

EDITORIAL NOTE

Beloved in Christ,
Welcome to the Month of March 2026, our set time to journey into a deeply vital and transformative theme: THE HEARING OF THE WORD.



In an age filled with noise, opinions, information, and constant digital activity, one of the greatest spiritual necessities, and rarities, is the ability to hear God rightly. The Scriptures warn us that there can be a time when there is not a famine of bread nor a thirst for water, but a famine of hearing the Word of the Lord (Amos 8:11–14). This is not merely the absence of sound, but the absence of true perception, revelation, and responsiveness to God's voice.

The Christian life is not sustained by mere exposure to Scripture, sermons, or spiritual language; it is sustained by hearing that leads to faith, transformation, and obedience. As it is written in Romans 10:17, "faith comes by hearing, and hearing by the Word of God."

Therefore, the quality of your hearing determines the quality of your faith, your direction, and ultimately, your experience in God.

From the very beginning, the Word of God has been central to all existence. As declared in the Gospel of John 1:1–5, the Word is not merely spoken - it is Personified, Creative, and Life-giving. To hear the Word, therefore, is to align with life itself. To miss it is to walk in unnecessary darkness, confusion, and misdirection.

This edition calls us back to the sacred discipline of intentional, spiritual hearing:

EDITORIAL NOTE

- Hearing with the heart, not just the ears
- Hearing with faith, not scepticism
- Hearing with readiness to obey, not merely to analyse

The Scriptures also admonish us to guard our hearts diligently (Proverbs 4:18–23), because it is from the heart that the issues of life flow. What we allow into our hearing gates eventually shapes our beliefs, our confessions, and our outcomes. Thus, this month, we are called to be intentional gatekeepers of what we hear, who we listen to, and how we respond.

Furthermore, the epistle to the Galatians confronts us with a sobering question: "Who has bewitched you…?" (Galatians 3:1–9). It reminds us that not every voice that sounds spiritual leads to truth. There are distortions, distractions, and doctrinal errors that can corrupt our hearing and weaken our faith. Hence, discernment becomes essential.

But there is good news: when we hear rightly, we live rightly.
When the Word is rightly heard:

- Faith is born and strengthened
- Direction becomes clear
- Light increases continually (Proverbs 4:18)
- Our hearts are stabilised in peace
- Our lives begin to align with God's eternal purpose

This month, through every article, reflection, affirmation, and study feature in this edition of Triumphant Living, we are inviting you into a personal hearing revival - a renewal of sensitivity to God's voice through His Word and by His Spirit.

Our earnest prayer is that as you journey through this edition, you will:

- Grow in your capacity to hear God clearly
- Develop a disciplined heart that guards and meditates on the Word
- Strengthen your faith through consistent hearing
- Walk in clarity, purpose, and spiritual confidence

May your testimony at the end of this month be like the young prophet Samuel: "Speak, Lord, for Your servant hears."
Blessed regards in God's grace and in the blessedness of Christ Jesus.

ACHIEVER'S FAITH DIGEST

The ACHIEVERS' FAITH DIGEST (AFD) is the monthly teaching newsletter through which CEFMORSI MINISTRIES INTERNATIONAL by Revd. Chukie Morsi's teaching ministry reaches out to people like you.

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WELCOME TO MONTH MARCH 2026: THE MONTH ENTITLED - "THE HEARING OF THE WORD!"



"He that is of God HEARETH God's WORDS: ye therefore HEAR them NOT, because ye are NOT of God" John 8:47.

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A Month Marked by Divine Completeness

I warmly welcome you to the month of March in the year of our Lord God Almighty, according to the earthly Gregorian and Julian calendar.

March, being the third month, signifies perfection, completeness, maturity, wholeness, and totality. It reminds us of the one God in three Persons - the Father, the Son, and the Holy Spirit - working together in perfect unity for our life and godliness in grace.

The Son, our Saviour and Lord Jesus Christ, is revealed in Scripture as The Word of God, as it is written:

"For there are three that bear witness in heaven: the Father, the Word, and the Holy Spirit; and these three are one." - 1 John 5:7.

A Month Marked by Divine Completeness

By the enabling grace of God, my heart has been stirred and overflowed with this divine theme, as expressed in:

"My heart is OVERFLOWING [INDITING] with a GOOD THEME; I recite my composition concerning the King; My tongue is the pen of a ready writer. 2 You are fairer than the sons of men; Grace is poured upon Your lips; Therefore God has blessed You forever" Psalms 45:1-2.

Therefore, I present to you the divine theme for this month: "THE HEARING OF THE WORD"

This is not merely hearing words, but the hearing of THE Word. The definite article "THE" reveals that the Word is alive, living, and active as - shown in:

"For THE WORD of God is quick [actively alive], and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart. 13 Neither is there any creature that is not manifest in his sight: but all things are naked and opened unto the eyes of him with whom we have to do" Hebrews 4:12-13.

THE HEARING OF THE WORD!"

“In the beginning was THE WORD, and THE WORD was with God, and THE WORD was God. 2 The same was in the beginning with God. 3 All things were made by him; and without him was not any thing made that was made. 4 In him was life; and the life was the light of men. 5 And the light shineth in darkness; and the darkness comprehended it not. 14 And THE WORD was made flesh, and dwelt among us, (and we beheld his glory, the glory as of the only begotten of the Father,) full of grace and truth” John 1:1-5, 14.

This Word is not ordinary speech - it is Christ personified, the living Word that gives life, light, and illumination.

The Word: Alive, Living, and Transformative

“For the word of God is living and active…” - Hebrews 4:12

“In the beginning was the Word… In Him was life, and the life was the light of men.” - John 1:1–5

The Word of God is:

- Revelatory, not merely informative
- Transformational, not merely educational
- Empowered by the Spirit of revelation (1 Corinthians 2:9–10)

Therefore, throughout this month, the grace of God will unveil the various dimensions of THE Word, so that we may hear God accurately, and not be distracted by sectarian limitations, denominational dogmas, traditional by-laws, religious creeds that hinder true hearing.

Beloved, Incline Thine Ear

“Pay attention to my words… open your ears to my sayings… keep them in the centre of your heart…” - Proverbs 4:20–23

The hearing of the Word demands intentional attention, spiritual willingness, guarded hearts, continual meditation, for THE Word is life, health, and healing to all who receive it.

Dimensions of Hearing the Word

Throughout this month, we will explore various expressions of hearing, including:

- The Hearing of Faith (Galatians 3:2, 5 (1-9); Romans 10:8-10, 17)
- The Hearing of the Word of Faith (Romans 10:8; 1 Timothy 4:6)

THE HEARING OF THE WORD!"

- The Hearing of the Word of Life (1 John 1:1; Philippians 2:16)
- The Hearing of the Word of God (Romans 10:17; Acts 6:7; Hebrews 11:3; 13:7)
- The Hearing of the Word of His Grace (Acts 14:3; 20:32; John 1:14, 17; Colossians 3:16)

Each of these dimensions reveals how God communicates His life to us through His Word.

The Word: God's Instrument of Healing and Deliverance

"He sent His word, and healed them, and delivered them from their destructions." - Psalms 107:20

The early disciples did not pursue signs, they carried THE Word. And as they preached:

"...the Lord worked with them, confirming the Word with signs following." - Mark 16:20

The Word is the source. The signs follow.

Christ: The Word Personified

Jesus Christ is:

- The Word in heaven (1 John 5:7)
- The Word personified (John 1:1–5)
- The Word revealed in flesh (John 1:14)

Thus, to hear THE Word is to hear Christ Himself.

It is my earnest prayer that throughout this month the Word becomes alive in you, the Word becomes revealed to you, the Word becomes tangible through you, and the Word becomes your daily reality.

As you hear, may you receive light, life, healing, deliverance, and transformation in Christ Jesus.

Welcome to March 2026.

Welcome to The Month of The Hearing of The Word.

May you be richly blessed in God's grace, and established firmly in Christ Jesus.

Amen.

Further Scriptural Study

Amos 8:11-14, Galatians 3:1-9, Hebrews 4:12-13, John 1:1-5, 14, Proverbs 4:18-23/Amplified.

THE HEARING OF THE WORD!"

HAVE FAITH IN GOD: THE FAMINE OF THE HEARING OF THE WORD

A Prophetic Warning for Our Time

"Behold, the days come, saith the Lord God, that I will send a famine in the land, not a famine of bread, nor a thirst for water, but of hearing the words of the Lord…" - Amos 8:11–13 We are living in a time that Scripture foresaw - a season not defined by scarcity of food or water, but by a famine of the hearing of the Word of God. This famine is not the absence of sermons, messages, or religious activity; rather, it is the absence of authentic hearing - the kind that produces faith, transformation, and life.

In such a time, the call of the Spirit is urgent and unmistakable: "...Have faith in God." - Mark 11:22

Faith in God is not sustained by activity, emotion, or tradition; it is sustained by hearing the Word of God.

The Battle of Voices: What Are You Hearing?

We live in an age of unceasing noise - voices competing for attention 24/7: social media narratives, cultural ideologies, human philosophies, emotional impulses, religious traditions without revelation, circumstantial voices of fear and pressure, every voice is shaping something in you.

The question is not whether you are hearing - it is what you are hearing.

"Behold, the days come, saith the Lord God, that I will send a famine in the land, not a famine of bread, nor a thirst for water, but of hearing the words of the Lord…" - Amos 8:11–13

Faith Comes by Hearing the Word

Scripture establishes a clear spiritual law:

"So then faith comes by hearing, and hearing by the Word of God." - Romans 10:17

Faith is not manufactured. It is generated, nourished, and strengthened through the consistent hearing of God's Word.

To live above the pressures, uncertainties, and contradictions of this world, we must give ourselves to intentional hearing - not casual listening, but attentive reception.

"My son, attend to my words; incline thine ear unto my sayings… for they are life unto those that find them, and health to all their flesh." - Proverbs 4:20–23

Where the Word is heard, life flows. Where the Word is ignored, confusion and weakness follow.

There are two broad streams of hearing:

1. Hearing that Produces Approval from God

This is a hearing rooted in the Word of God, producing faith, stability, and spiritual authority.

2. Hearing that Produces Applause from Men

This is a hearing rooted in hype, sentiment, or error - producing instability, confusion, and spiritual weakness.

Beloved, you must choose your source.

THE HEARING OF THE WORD!"

Further Scriptural Study
Romans 10:17, Amos 8:11-13, Proverbs 4:20-23, Romans 10:8-10, Jeremiah 3:15, 2 Peter 3:18, Proverbs 4:7, Galatians 1:6-9, Philippians 1:15-18.

The Responsibility to Locate the True Word

God's intention has always been to provide true spiritual nourishment: "I will give you shepherds after My own heart, who will feed you with knowledge and understanding." - Jeremiah 3:15

However, the responsibility to locate, discern, and receive that nourishment rests with you. You must position yourself where the Word is rightly taught, rightly divided, and rightly revealed - so that you may grow in grace and be established in the faith.

"Wisdom is the principal thing; therefore get wisdom…" - Proverbs 4:7

The Danger of Adulterated or Diluted Word

The Scriptures warned us of a time when: the Word would be diluted, the Gospel would be perverted, messages would be driven by self-interest, ambition, or error (Galatians 1:6–9; Philippians 1:15–18).

This is the environment in which the famine of hearing thrives - not because the Word is unavailable, but because it is corrupted, mixed, or misrepresented.

A polluted Word produces a polluted faith.

The Consequence of Not Hearing the Word

Where there is no true hearing, there is: No faith, no spiritual authority, no effective relationship with God.

Faith is the legal tender of the Kingdom - the medium of spiritual transaction between man and God.

Without faith, no transaction occurs. Without hearing, no faith is produced.

Therefore: No hearing → No faith → No spiritual transaction → No dominion in life

God does not transact with counterfeit currency. Only faith born of the Word is accepted.

Examine What You Are Feeding On

It is time for sober reflection. Ask yourself honestly: What am I hearing daily?

Is it: The living Word of God? Or human philosophy and sentiment? Or tradition and cultural narratives? Or emotional impulses and worldly systems?

You cannot build a life of faith on a diet of spiritual junk. Do not feed on garbage simply because you are hungry. Locate the table where the Bread of Life is served.

The Only Antidote to the Famine

There is only one cure:

The antidote to the famine of the Word is the hearing of the Word.

Not merely hearing anything called "word" - but hearing THE Word - Christ revealed, the Gospel rightly preached, the truth rightly understood.

Do not wait until confusion deepens, until faith weakens, until direction is lost.

Position yourself today to: Hear the Word consistently, guard your heart diligently, build your faith intentionally, and walk in the authority of God's truth.

Beloved, examine what you are hearing, align with the true word, build your faith, and live above the famine.

THE HEARING OF THE WORD!"

PUT ON YOUR HEARING EARS AND BE ESTABLISHED IN THE FAITH

"My son, attend to my words; incline thine ear unto my sayings… Keep thy heart with all diligence; for out of it are the issues of life." - Proverbs 4:20–23

The Call to Intentional Hearing

The instruction is clear: attend, incline, keep, guard.

Hearing the Word of God is not passive - it is intentional. It demands attention, discipline, and spiritual responsibility. If we are to be established in the faith, we must first learn to hear rightly.

The month of March invites us into this deliberate posture of hearing, so that we may finish strongly and begin stronger in life and grace through Christ Jesus.

Hearing God for Yourself

There comes a time in the believer's maturity when hearing must become personal.

While God gives pastors and teachers according to His heart (Jeremiah 3:15), every believer must cultivate the ability to incline their own ear toward God's voice through His Word. Christ Jesus is the only Mediator between God and humanity:

"For there is one God, and one mediator between God and men, the man Christ Jesus." - 1 Timothy 2:5

Through Him, we have direct access to the Father:

"Being justified by faith, we have peace with God… by whom also we have access by faith into this grace wherein we stand." - Romans 5:1–2

The New Creation stands justified, accepted, and positioned in grace. Therefore, you are not denied divine access. You are invited into it.

Who Are You Listening To?

A crucial question confronts us: Who is speaking into your life? What are you inclining your ears towards?

It is impossible to incline your ear to the Lord and miss divine direction. However, if you lend your hearing to voices that weaken faith, distort truth, or produce confusion, the outcome becomes your responsibility. You are the custodian of what you feed upon.

And what you feed upon will shape your faith, direction, and destiny.

The Word of His Grace Builds and Establishes

"And now, brethren, I commend you to God, and to the word of His grace, which is able to build you up, and to give you an inheritance among all them which are sanctified." - Acts 20:32

The Word of His grace does three things:

1. Builds you up
2. Establishes you
3. Reveals your inheritance

Only the Word can do this fully. Not opinions. Not cultural narratives. Not religious sentiments. The Word.

THE HEARING OF THE WORD!"

The apostle Paul expressed his longing to see believers strengthened and established:
"For I long to see you, that I may impart unto you some spiritual gift, to the end ye may be established." - Romans 1:11
Spiritual establishment comes through the consistent hearing of the Word.

Keep the Noise at Bay

There is much noise in our world - spiritual noise, emotional noise, cultural noise.
We must deliberately keep at bay every voice that does not align with Christ and His revealed Word. This does not mean isolation from the community, but discernment in consumption.

The Word is not merely speech. It is Christ personified. As written:
"In the beginning was the Word... and the Word was made flesh." - John 1:1–5, 14
"There are three that bear record in heaven: the Father, the Word, and the Holy Ghost: and these three are one." - 1 John 5:7
To hear the Word is to hear Christ. To receive the Word is to receive life.

Hearing Until Transformation Occurs

We must hear the Word until:

- Faith is strengthened
- Our character is transformed
- Our behaviour aligns with Scripture
- Our personality reflects Christ

The goal is not information accumulation. The goal is transformation into the likeness of Christ.

When the Word becomes internalised, it reshapes conduct, thinking, responses, and priorities. We become personified by the Word we have received.
As we transition into this new month, examine carefully:

- What voices have shaped you recently?
- What have you permitted into your hearing gates?
- Has it built your faith - or weakened it?

Resolve today to put on your hearing ears toward God's sayings. Guard your heart. Feed on the Word of His grace. For only by hearing the Word can your life be: Built, directed, healed, and established in the faith.
Let us therefore incline our ears to God's Word and be firmly rooted, grounded, and established in Christ Jesus. Amen.

Further Scripture Study:

Matthew 13:18-23, Romans 10:17,
John 8:31-32, John 14:6, 1 Timothy 3:14-16.

SAMUEL - "SPEAK, LORD, FOR YOUR SERVANT HEARS"

A Generation Where the Word Was Rare

"And the word of the Lord was rare in those days; there was no open vision." - 1 Samuel 3:1

Samuel's story begins in a spiritually dry season. .

The Word of the Lord was scarce. Revelation was infrequent. Leadership was weak. Spiritual perception was dull.

This mirrors the warning given in Amos 8:11 - a famine not of bread, but of hearing the Word of the Lord.

Yet even in a season of scarcity, God was preparing a vessel who would hear.

Spiritual drought does not cancel divine speaking. It only reveals who is attentive



Positioned Before He Perceived

Samuel ministered before the Lord under Eli. He was young, inexperienced, and not yet acquainted with the voice of God.

"Now Samuel did not yet know the Lord, neither was the word of the Lord yet revealed unto him." - 1 Samuel 3:7

Notice this: Samuel was serving before he could hear clearly. Position precedes perception. Faithfulness precedes clarity.

Many desire revelation without consecration. Samuel teaches us that availability invites divine communication.

Learning to Discern the Voice

When God called Samuel, he mistook the voice for Eli's.

This reveals something profound: Spiritual hearing must be cultivated.

Not every sound is divine. Not every impulse is revelation.

Discernment grows through guidance, humility, and correction.

Eli eventually instructed him: "Go, lie down: and it shall be, if He call thee, that thou shalt say, 'Speak, Lord; for thy servant heareth.'" - 1 Samuel 3:9

Spiritual maturity involves learning how to respond properly when God speaks.

Positioned Before He Perceived

Samuel's defining statement is simple yet powerful: "Speak, Lord, for Your servant hears."

This is the posture of:

- Humility
- Surrender
- Readiness
- Obedience

He did not say, "Speak, Lord, for I will evaluate." He did not say, "Speak, Lord, for I will negotiate." He said, "Your servant hears." True hearing includes readiness to obey.

SAMUEL - "SPEAK, LORD, FOR YOUR SERVANT HEARS"



Hearing That Produces Authority

From that moment onward, Scripture records: "The Lord was with him, and let none of his words fall to the ground." - 1 Samuel 3:19

Because Samuel learned to hear accurately, he later spoke with authority.

Here is a kingdom principle:

Hearing precedes speaking. Reception precedes commission. Revelation precedes responsibility.

Samuel became a prophet, judge, and national leader - not because he sought prominence, but because he cultivated hearing.

Lessons for Our Generation

Samuel's life teaches us:

a. God Still Speaks in Rare Seasons

Even when revelation seems scarce, God seeks attentive hearts.

b. Spiritual Hearing Must Be Developed

It requires:

- Stillness
- Instruction
- Humility
- Repeated response

c. Obedience Confirms Hearing

Hearing without obedience is incomplete. Samuel delivered difficult words faithfully because he feared God more than man.

d. Intimacy Sustains Clarity

As Samuel grew, his hearing matured. Consistency strengthens spiritual sensitivity.

Application for This Month

As we journey through The Hearing of The Word, the story of Samuel challenges us to ask:

- Am I positioned to hear?
- Am I distracted by noise?
- Am I willing to obey what I hear?
- Is my response immediate or hesitant?

God is not silent. The issue is often sensitivity.

Prayer

Lord, quiet every competing voice. Train my ears to recognise Your Word. Give me the humility to respond promptly. Let none of Your words fall to the ground in my life. Amen.

AFFIRMATIONS

I incline my ears to the Word of the Lord.
My heart is attentive, receptive, and responsive to God's voice.
I refuse the famine of hearing the Word.
My spirit hungers and thirsts for divine truth daily.
The Word of God is not distant from me.

The Word of God is alive, active, and powerful in my life.
It illuminates my path and directs my steps.
Christ, the Living Word, dwells richly within me.
His truth renews my mind and transforms my life.
The light of the Word shines in my heart, and darkness cannot overcome it.

Faith rises in me as I hear the Word of God.
My confidence in God grows stronger every day.
I believe the Word. I speak the Word. I live by the Word.
The Word establishes me in grace, truth, and spiritual understanding.

I guard my heart with diligence.
I filter every voice through the truth of God's Word.
Noise does not distract me. Confusion does not control me.
My heart remains anchored in divine wisdom and revelation.

I am not merely a hearer of the Word – I am a doer of the Word.
What God speaks to me becomes my direction, my conviction, and my way of life.
The path of my life grows brighter and brighter because I walk in obedience to the Word.

I hear clearly. I believe deeply. I obey willingly.
Amen.

Amos 8:11–14 | Galatians 3:1–9 | Proverbs 4:18–23 | John 1:1–5 | Romans 10:8–17

HEARING GOD IN A NOISY WORLD

The Age of Constant Sound

We live in the loudest generation in history. Notifications. News cycles. Podcasts. Social media debates. Opinions masquerading as truth. Yet in the midst of endless information, spiritual clarity is decreasing.

In Amos 8:11, God warned of a famine - not of bread, but of hearing the Word of the Lord. Notice: not a famine of preaching. Not a famine of Scripture access. A famine of hearing.

We are not lacking sound. We are lacking discernment.

Hearing vs. Listening

The New Testament reveals something critical in Romans 10:17: "Faith comes by hearing, and hearing by the word of God."

Hearing in Scripture is not passive reception. It implies:

- Reception
- Understanding
- Acceptance
- Obedience

Many listen. Few internalise. Even fewer obey. In a noisy world, spiritual hearing requires intentionality.

The Battle for Your Attention

Proverbs 4:23 instructs: "Guard your heart with all diligence, for out of it are the issues of life."

The heart is the gateway of hearing. What you repeatedly expose yourself to shapes:

- Your beliefs
- Your emotional responses
- Your decisions
- Your spiritual sensitivity

Noise dulls discernment. Clarity requires guarding your inputs.

Ask yourself:

- What voices influence me most?
- Do I spend more time consuming opinions than meditating on Scripture?
- Is my spiritual appetite stronger than my digital appetite?

When Familiarity Blocks Hearing

In Galatians 3:1, Paul confronts believers who had heard the truth but drifted: "Who has bewitched you?"

They had started by faith but were slipping into performance and confusion.

Modern parallel:

- We hear sermons weekly.

MODERN LIFE APPLICATION

- We read devotionals.
- We quote Scripture.
- Yet our lives remain unchanged.

Familiarity can produce spiritual deafness. Hearing must remain fresh, humble, and responsive.

The Word Is Not Silent

John 1:1–5 declares that the Word is living and active - light shining in darkness.
God is still speaking:

- Through Scripture
- Through the Holy Spirit
- Through conviction
- Through wise counsel
- Through circumstances aligned with His Word

The issue is rarely divine silence. The issue is divided attention.

Practical Ways to Hear God Clearly

a. Create Sacred Silence
Schedule uninterrupted time without devices. Silence is not empty - it is preparation.
b. Slow Down Scripture
Instead of rushing chapters, meditate on verses. Ask:

- What is God revealing?
- What correction is needed?
- What obedience is required?

c. Respond Immediately
Delayed obedience dulls sensitivity. Quick obedience sharpens hearing.
d. Filter External Voices
Not every platform deserves your ear. Not every trending message deserves your agreement.
e. Align With the Word Daily
Consistent exposure builds spiritual clarity over time. As Proverbs 4:18 says, the path of the just grows brighter. Hearing improves progressively.

Signs You Are Growing in Hearing

- You are quicker to obey.
- Conviction is clearer.
- Distractions are easier to identify.
- Scripture speaks personally.
- Your decisions align more naturally with truth.
- Your faith increases.

Faith grows where hearing is consistent.

A Reflective Challenge

This month, evaluate:

- What noise must I reduce?
- What rhythms must I build?
- What obedience have I delayed?
- What has God already spoken that I need to act upon?

- Clarity often begins with obedience to the last instruction given.

Closing Declaration

I silence competing voices. I guard my heart diligently. I give priority to the Word. I respond with obedience. My faith grows because I hear clearly. In this noisy world, I remain attentive.

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QUIETING THE INNER NOISE



QUIETING THE INNER NOISE

In a world filled with constant information, opinions, and emotional pressures, one of the greatest challenges believers face is not simply hearing words, but hearing God clearly.

Often, the loudest noise is not outside us; it is within us.

Mental clutter, unresolved emotions, anxiety, and overstimulation can cloud our ability to perceive the gentle voice of the Lord. When the inner life is overwhelmed, spiritual clarity becomes difficult.

Yet God's voice is not typically found in chaos.

Scripture reminds us that divine direction flows from a heart that is attentive and guarded:

"Above all else, guard your heart, for everything you do flows from it." - Proverbs 4:23

Learning to quiet the inner noise is therefore both a spiritual discipline and an emotional wellness practice.

Mental Clutter vs. Spiritual Clarity

Our minds process thousands of thoughts each day - news, social media, worries about the future, regrets from the past, and countless external voices.

When these dominate our attention, the mind becomes crowded.

Spiritual clarity begins when we intentionally create space for the Word of God to settle in our hearts. The Word realigns our thinking and restores perspective.

Instead of reacting to every voice, we begin to discern the voice that truly matters.

Emotional Healing and Hearing God Clearly

Unresolved emotional wounds - such as disappointment, fear, resentment, or prolonged stress - can distort how we interpret what we hear.

Sometimes we hear through the lens of pain rather than through the truth of God's Word.

Healing begins when we allow the Word to speak into our emotional landscape. The Scriptures do not merely inform the mind; they restore the soul.

When the heart finds peace, the spirit becomes more sensitive to God's guidance.

The Power of Stillness and Meditation

Stillness is not emptiness - it is intentional attentiveness to God.

Moments of quiet reflection allow the Word to move from the surface of the mind into the depth of the heart. Through meditation on Scripture, the noise of competing voices gradually fades.

As we slow down and focus on God's truth, our inner world becomes calmer, clearer, and more aligned with His presence.

Peace becomes the environment in which spiritual hearing flourishes.

A Gentle Practice for the Day

When your mind feels overwhelmed:

1. Pause for a few moments of stillness.
2. Take a slow breath and centre your thoughts on God.
3. Read a short portion of Scripture slowly.
4. Reflect on one phrase that stands out.
5. Allow that truth to settle in your heart.

In these quiet moments, clarity often emerges.

COMPANION REFLECTION WORKSHEET

THE HEARING OF THE WORD [Amos 8:11–14 | Galatians 3:1–9 | Proverbs 4:18–23 | John 1:1–5 | Romans 10:8–17]

SECTION 1: IS THERE A FAMINE IN ME? (AMOS 8:11–14)

"Behold, the days come… that I will send a famine… of hearing the words of the Lord."
This famine is not about access to Scripture - it is about receptivity.

Reflection Questions:

- Do I consistently expose myself to God's Word?
- When last did the Word deeply convict or correct me?
- Have I grown overly familiar with Scripture without being transformed?
- Do I crave spiritual truth the way I crave daily necessities?

PERSONAL NOTES:

_____

_____

_____

SECTION 2: WHAT IS INFLUENCING MY HEARING? (PROVERBS 4:18–23)

"Keep your heart with all diligence…"
The heart is the control centre of spiritual perception.

Evaluate Your Inputs:

1. What voices dominate my daily intake?
2. How many hours go to digital noise versus Scripture meditation?
3. What conversations strengthen my faith?
4. What content weakens my sensitivity?

Heart Check:

1. Is my heart guarded or exposed?
2. What do I need to reduce?
3. What do I need to increase?

Action Step:

_____

_____

_____

SECTION 3: AM I DRIFTING FROM WHAT I HEARD? (GALATIANS 3:1–9)

"Having begun in the Spirit, are you now being made perfect by the flesh?"
Sometimes we hear clearly at the beginning - then drift.

Search Deeply:

1. What instruction from God have I delayed?
2. Have I replaced faith with self-effort?
3. Have I allowed distraction to override conviction?

COMPANION REFLECTION WORKSHEET

FINAL DECLARATION
I am not spiritually dull. I am attentive and responsive. My heart is guarded. My faith grows through hearing. The Word of God is alive in me. I hear clearly - and I obey quickly

PRAYER: LORD, RESTORE CLARITY WHERE FAMILIARITY HAS DULLED MY HEARING.

Write your own prayer below:

_____

_____

_____

SECTION 4: DOES MY HEARING PRODUCE FAITH? (ROMANS 10:8–17)

"Faith comes by hearing…"
True hearing strengthens trust in God.

Assess Your Growth:

1. Has my faith increased this year?
2. Do I respond to challenges with Scripture or anxiety?
3. Is my confession aligned with what I hear from the Word?

Faith Confession:

_____

_____

_____

SECTION 5: AM I WALKING IN THE LIGHT I'VE RECEIVED? (JOHN 1:1–5)

"The light shines in the darkness…"
Light ignored becomes light diminished. Light obeyed becomes light increased.

Personal Reflection:

1. What truth has God recently highlighted to me?
2. How have I responded?
3. What obedience is required immediately?

Commitment:

This month, I will act on the Word concerning:

_____

_____

_____

7-DAY HEARING CHALLENGE

For the next 7 days:
- □ 15 minutes of device-free silence daily
- □ Meditate on one passage slowly
- □ Write one instruction God reveals
- □ Act on it within 24 hours
- □ Speak a faith confession aloud

CEFMORSI GLOBAL WORKSPACE TEAM

JOIN OUR INTERACTIVE

BIBLE STUDY

6:30PM [LONDON TIME] | LIVE ON zoom

EVERY 3RD/4TH THURSDAY OF THE MONTH

CEFMORSI APP

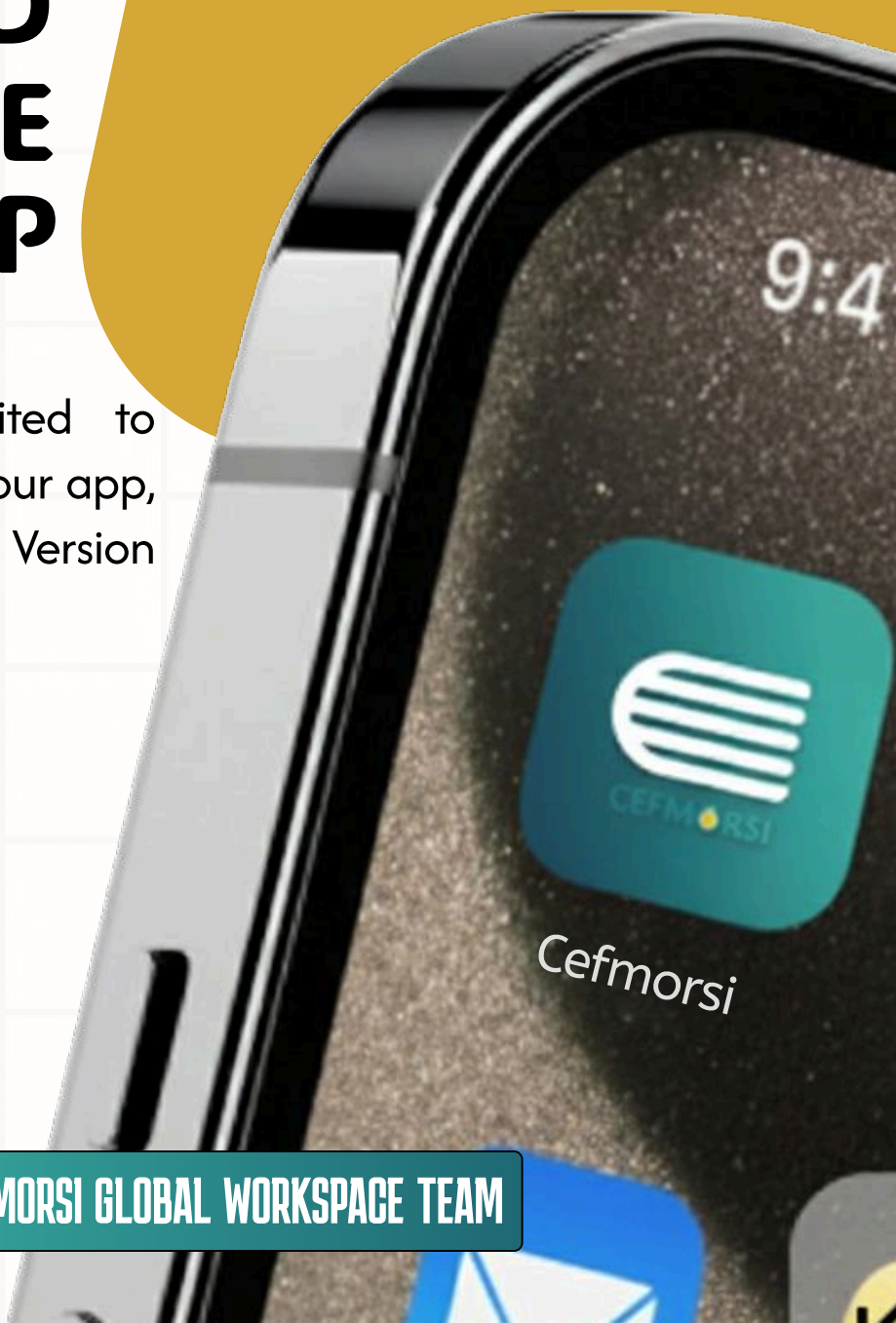
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